



# 2022 National Arts & Culture Awards Winners



#### EDITORIAL

# New complicated procedure for quarantine release

Public Health have this week released new procedures for people in quarantine looking to be released, an exit system that is based upon the CT values of a person's PCR result.

CT stands for 'cycle threshold', a value that is revealed during PCR testing for Covid, often referred to as the 'gold standard' for testing. During the PCR testing process, the material taken from the individual goes through multiple cycles until a detectable

amount of the virus is found. If a higher number of cycles is required before the virus is detected, that means the individual most likely has a lower viral load than people with a lower CT number, whose viral infection has been spotted with fewer cycles of detection, implying they have a higher viral load.

With regard to quarantine exit tests, where a person has a CT value of 32 or more, and has completed their isolation period and has had no symptoms for at least 24 hours, they can submit an early release request form to Public Health. The form requires the individual to upload their PCR test result. If Public Health is satisfied that the criteria are met, the individual will receive an exit confirmation email and then the individual can leave isolation. Public Health also said that when they state a person should not have had symptoms for at least 24 hours, the person may still have a dry cough, loss of smell or taste, and/or a runny nose.

If a person has **28 to 31.9** as their CT value, then they must simply call the flu hotline for further assessment, 1-800-534 8600 or 947 3077 or email flu@hsa. ky.

If a person has a CT value of 27.9 or less on their exit PCR test then they must isolate further. The guidelines for this additional isolation are as follows:

- 7 days for vaccinated people
- 10 days for unvaccinated people

· Unvaccinated children must vaccinate based upon the vaccination status of their parents



It should also be noted that an isolation exit test with a CT value of:

• 25 to 27.9 requires the individual to take a repeat PCR test 2 days after their last PCR test

• 20 to 24.9 requires a repeat PCT test 4 days after the last PCR

• 20 and under - people must contact the flu hotline for a retesting date.

In the UK, the procedure is far simpler and provides for the individual to take personal responsibility for their exit after a Covid infection. If a person tests positive, their self-isolation period includes the day their symptoms started (or the day they had the test, if they do not have symptoms) and the next 10 full days. If they get symptoms while they're self-isolating, the 10 days restarts from the day after their symptoms started. In the UK, people can do a rapid lateral flow test from day five of their self-isolation period (but not before) and another test the next day. They can stop self-isolating if both tests are negative and the individual does not have a high temperature. Tests have to be reported to the authorities and people can stop testing after they've had two negative test results in a row.

With anecdotal evidence in Cayman suggesting some people are not reporting their positive cases because they fear they will be required to isolate for overly long periods of time, this means that any data recorded by government will not be an accurate reflection of the true picture as it relates to Covid cases in the Cayman Islands.

### TALK ON THE STREET Cayman Airways new aircraft

With Cayman Airways recently receiving their fourth 737-800 series aircraft, the entire fleet is new and modern. This has been promoted as something that will improve CAL's service. So, our reporter took to the streets to gauge the public's feelings on this matter. The specific question posed was, "Cayman Airways has received its 4th aircraft. What are your feelings about this and how will it

help the Cayman Islands?" Below are the responses of 12 individuals.

#### Joseph, Caymanian, 36:

"I think it is a good thing. Those new planes are more fuel efficient and can travel farther so the possibility of flights to other places has opened up now."

#### Greg, Caymanian, 54:

"To tell you the truth, I hope it means lower prices on tickets."

#### Hank, Caymanian, 47:

"I hope Cayman Airways doesn't think that everyone has forgotten about the problems that this aircraft has had, including the crashes. I don't think I will be flying on them anytime soon."

#### Lisa, Caymanian, 51:

"I heard something about there is going to be flights to Seattle now, so I am excited. I always wanted to go there, and this would be a good opportunity."

#### Francesca, Caymanian, 31:

"More efficient and newer aircraft should mean lower prices and safer flights. I hope that is what happens."

#### Marissa, Caymanian, 45:

"Actually, I am not sure how I feel about this. If Cayman Airways is right, then it is a good thing for Cayman. I know that sometimes things don't always work out how they are supposed to, though."

#### Nick, Caymanian, 43:

"If there is anything I have learned over the years is that you should never believe everything you hear. I want to believe that this is a good thing but, I still worry about



the crashes and the problems Boeing had with this model aircraft before."

#### Lincoln, American on work permit, 33: "Newer aircraft is always a good thing. It means safer flights, smoother running engines, and less breakdowns. I think it is a good thing for Cayman Airways."

#### David, Caymanian, 51:

"If these planes are as good as is being said, then I am all for it. I would hope that the tickets prices reflect the improvement in fuel efficiency and increased passenger carrying capacity."

#### Vernon, Caymanian, 52:

"I like it. The new planes are faster, bigger and can save on gas. I hope that Cayman Airways starts flights to some new airport like LA or Detroit. That would be really good."

#### Justina, Caymanian, 29:

"If you believe everything that Cayman Airways is saying about these new planes, then you only know half the story. Yes, it is true that they will be more fuel-efficient, can carry more passengers, and can fly farther than the other planes. But, what about the problems that were happening with these 737-800 aircraft? Can we be completely sure that Boeing has fixed the glitch? I would like to believe that but, I think I will just play the wait-and-see game for now."

#### Jennifer, Jamaican on work permit, 43:

"I hear good things about these new planes, and I like it. Cayman Airways is always trying to get better and better. Maybe the ticket prices will come down, too. That would be like the icing on the cake."





### Cavmanian Times Issue # 739

Publisher: Ralph Lewis Editor: Lindsey Turnbull Company: Lewis Cayman Islands Ltd #19 Walkers Road (next to Tomlinson Furniture) Telephone: 345 9162000 Email: info@caymaniantimes.ky Website: www.caymaniantimes.ky

# **Quality matches strengthen BBBS** programme

#### **By Lindsey Turnbull**

The pandemic has impacted the lives of everyone in the Cayman Islands, and children have been especially vulnerable to the anxieties and mental strains caused by lockdowns, quarantines, and keeping safe. While always playing a vital role in the community, entities such as Big Brothers Big Sisters of the Cayman Islands (BBBS), which place a focus on the positive development of Cayman's youngsters, have therefore never had a more crucial role to play.

BBBS is a non-profit mentoring organisation that relies solely on donations to operate, and which matches trained volunteers with young people. The mentor is referred to as the 'Big' and the mentee the 'Little'. Bigs commit to mentor their young person for a year but often the relationship lasts a lot longer. Children from the age of six to 16 can be mentored, although a big focus of the organisation is the 8 to 14 age group.

In March 2021, Angela Martins took on the role of Executive Director and is responsible for the management of the match of the young person with their 'Big' (Brother or Sister) and Erin Kaufman became the Programmes Manager, overseeing the onboarding process, where matching takes place.

Upon joining BBBS, the pair undertook a review of best practices, reaching out to





▶ Big Brothers Big Sisters World Clean Up Day

Big Brothers Big Sisters Family Fun Day

international BBBS organisations and this has helped them to create best practices



that have been modified to ensure they have Cayman context.

A big focus has been to ensure longevity of the relationships.

"It's not just about making matches, it's about the sustainability of the matches," Ms Martins advised. "The international standard is a check in [with the pair] every month for the first year and then every three months after that. I'm excited and proud that Erin and I closed out 2021 with matches in a good place right now, with around 40 matches currently in place."

"What I have come to acknowledge is quality over quantity," Ms Kaufman advised. "When we both came in, we said we were going to make all these matches, yet the deeper we got into the work, we started to realise the better contribution we could make was to work on restructuring the organisation, rewrite policies and focus on getting matches of quality and ones that will be sustainable."

Ms Kaufman said she was particularly proud of the fact that their matches had all started off a on a good foot.

"To create sustainable matches and to allow them to journey together is definitely the goal," she said.

"If you talk to some of our Bigs they don't see the relationship ending just because the Little gets to 18. They see them as their person," Ms Martin said. "The formal year out of BBBS is 18 and we no longer have any governance around that relationship, but invariably the Bigs are still in touch and helping their Littles to stay on track."

Parental support of the relationship was crucial to its success.

"The lynchpin for the match is the support the parents give to the match," Ms Martins advised.

Boys come easily into the programme. Ms Martins said, because boys tended to be louder in their need for assistance; however, BBBS is eagerly inviting referrals and applications for girls to mentor because, although they tended to not show their need as vociferously as boys, there are many ways that they too can benefit.

"We do have several trained female volunteers sitting waiting to be matched with girls. Before, our call out was for male volunteers to be Bigs to boys but, while that will always be the case, right now the call is for female Littles to match with women," Ms Kaufman advised.

The pandemic has definitely made its mark on the programme and had affected all their children, Ms Martins said. The mental health impacts on Littles included children feeling the need to incessantly wash their hands and shower all the time, Littles uncomfortable going out with their Bigs believing the outside was not a safe place to be. And while there was fear in the child, there was also fear in the parents who were hesitant about letting their child out, she said. There was also the impacts of online learning and separation from their peers and lack of direct contact with the teacher, while some parents didn't have internet contact.

Ms Kaufman said that relationships between Bigs and Littles were certainly challenged during the pandemic. Relationships which were further along their journey had been easier to maintain, although where there was a lot of fear in families, the relationship had still been strained. As a result, BBBS had to work hard to maintain connections with their Bigs and Littles, and managed to do so in creative ways, achieving notable outcomes in 2021 and in 2022 so far.

*Read more about these and other work* of BBBS next week in the Caymanian Times.

## **CRUISE CONTROL - VARIABLE SPEED AHEAD**

Getting tourism back on track remains a priority for Caribbean destinations which rely on the industry for most, or at least a considerable portion, of their national income.

While no common policy exists, many countries in the Caribbean are however generally sailing back into cruise tourism some more aggressively than others.

The contrast between numerous cruise ships docked at selected ports and others bypassing destinations that pre-COV-ID would have been definite ports of call could not be more stark.

But while some stare wistfully at the passing floating hotel and lament what they see as economic possibilities going amiss, others have a different view; lamenting what they still regard as a public health risk.

The push to reopen tourism-dependent economies is being driven to varying degrees by economic demand, destination popularity and an ever-present underlying competition among the islands.

Despite umbrella membership of the Caribbean Tourism Organisation (CTO) and the Caribbean Hotel and Tourism Association (CHTA), the unique pull-factor of individual islands and the varying dependence on cruise and stay-over tourism has meant that different islands have taken varying paths on the road to reopening.

Specific national policies and protocols especially with the pressure to recover from the devastating economic and public health impact of the COVID-19 pandemic have been the key considerations. Already in some destinations, a managed-risk approach has seen multiple cruise ships in their ports while others, including the Cayman Islands, have been more cautious; delaying the reactivation of cruise travel until mutually acceptable protocols are agreed upon between the destination and the cruise companies.

Hosting a top-level delegation from the important Florida-Caribbean Cruise Association(FCCA) which represents the cruise industry, Cayman's Hon. Minister for Tourism Kenneth Bryan remarked: "We have used every sin-

gle opportunity to talk and discuss the most important and pressing issues concerning our cruise tourism sector.

At the very top of the list are health and safety protocols, because right now due to the pandemic we have no cruise industry at all, and that's a sad day for our country. So, our immediate priority has been to discuss a way forward that will allow cruise ships to return while keeping our communities safe."

Speaking for the FCCA, the organisation longstanding president Michelle Paige, put returning to Cayman as a key objective for the cruise industry.

"The cruise industry is looking forward to renewing one of the best relationships



that we've ever had in the world with the Cayman Islands," she said.

"The Cayman Islands because of the private sector has always delivered phenomenal experience. You've always been at the highlight of every single cruise passenger's experience. So it is only fitting that the work that's being put into place to make sure that we're going to elevate the product and elevate the expenditures that the passengers and the crew spend in the Cayman Islands that this is going to be a very rewarding time."

It is not yet known if any new formal agreement has yet been finalised on the relationship between Cayman and the cruise industry going forward.

The cruise industry has suffered a debilitating blow from the COVID-19 pandemic from both a public health and an economic standpoint with massive outbreaks of the disease on many ships forcing the entire cruise industry to be metaphorically berthed for the past two years.

**COMMENTARY** 

Recent efforts to relaunch the industry have also witnessed outbreaks of the current Omicron variant aboard several ships venturing back into cruising.

The US Centres for Disease Control (CDC) which oversees America's national health policy, which earlier this year increased the risk level for cruise ship travel to its highest level, still maintains a degree of caution.

Although its 'conditional sail order' expired mid-January, the CDC still advises on its website that cruise lines are encouraged to continue to follow all CDC public health measures, including reporting, testing, and infection prevention and control.

It said that more information about its COVID-19 Program for Cruise Ships will be released soon.





Tel: 345-949-0049, 929-8646 Email: cmeainfo@gmail.com Public Notice

P.O. Box 31012 Grand Cayman KY1-1205

Annual General Meeting
The Cayman Islands Music and Entertainment Association wishes to

invite current members to attend its Annual General Meeting at the George Town, Town Hall on 06 March, 2022 from 6:30pm - 8:30pm. Light refreshments will be provided.

#### Agenda

- Opening Prayer
- National Song
- President Report
- Treasurer Report
- Other Metters Arising
- Other Matters Arising

2022 – 2023 CMEA Board Elections

- President
- Vice President
- Secretary
- Assistant SecretaryTreasurer
- Assistant Treasurer

# New tagging project to learn more about turtles

Cayman Turtle Conservation and Education Centre and Upwell, a non-profit dedicated to protecting turtles at sea, are working together on a project to track released turtles, in a bid to learn more about turtles' lives. It is hoped that the project will help to further efforts in order to save the endangered species.

In what is being termed an unprecedented research project, 30 juvenile Green Sea Turtles of varying ages have been released directly into the waters off Grand Cayman, wearing tiny tracking devices that will monitor their movements.

The turtles carry prototype micro-satellite tags, weighing less than a penny and safely attached to the turtles' shells using epoxy and neoprene-silicone mounts.

Sea turtles have been studied often as they hatch, and when they return to those beaches years later to breed. But the time in-between, when young turtles develop in the open sea, remains a mystery. This life-history stage is often referred to as the "lost years", and this is the time the experts want to track.

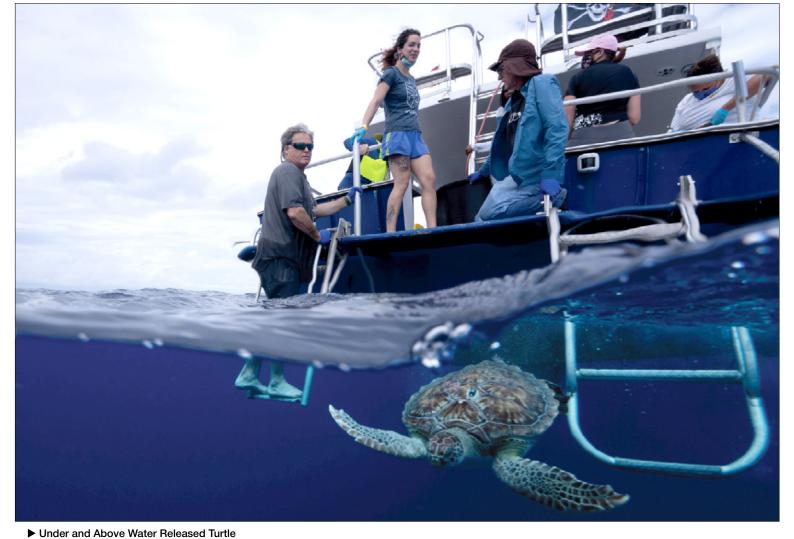
The project was developed by Dr George Shillinger, Executive Director of Upwell, and long-time Upwell collaborator Dr Helen Bailey of the University of Maryland Center for Environmental Science. Nicole Barbour, Upwell researcher and doctoral student at the Uni-



▶ The turtles were released by Upwell in partnership with CTCEC

versity of Maryland, will be analysing the data as part of her graduate research. Upwell is funding the research and releasing the turtles, in partnership with CTCEC. Dr Shillinger said endangered sea turtles faced high mortality rates due to threats in the ocean, including fisheries bycatch, ship strikes, pollution, climate change and other detrimental human activities.

"This research may provide critical information that will help conservationists protect



them throughout their lives, because protecting turtles when they're on the shore simply isn't enough," he said.

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CTCEC is a critical part of the research, as the only conservation organisation that hatches turtles for release into the ocean. The turtles were raised, or "head-started," at the Centre until they were large enough to release with a favourable chance of survival. Upwell focuses on research and conservation of turtles in their at-sea environments and is pioneering new techniques to shed light on the lost years for multiple sea turtle species.

It has been estimated that from the 33 to 39 million sea turtles found in the Caribbean hundreds of years ago, numbers have now fallen to almost nothing. Historically, the Cayman Islands has been considered the most important breeding and nesting area in the Caribbean. Today, this breeding population has been reduced to roughly 100 females and the IUCN Red List lists the green turtle as being 'regionally extinct' in the Cayman Islands, Dr Walter Mustin, Chief Research and Conservation Officer at CTCEC said.

It is anticipated that the data collected will help explain more about the movements and behaviour of juvenile greens and how to better conserve and protect this ecologically critical specie. GET

BOOSTED

### It Is Time For Your COVID-19 Booster

Boosters are available to everyone over the age of 18 who have had their 2nd dose more than 3 months ago.

→ exploregov.ky/booster





Having had the pleasure of serving the business community for over the past 10 years from its Elgin Avenue location, Puritan Cleaners regrets to announce the closing of this branch due to circumstances beyond its control effective February 21, 2022.

We would like to advise our customers to collect all orders held at this location by or before February 21, 2022. Orders not collected by the closing date, will be transferred either to our main location at 337 Eastern Avenue, George Town for collection or to the Savannah Countryside location (If requested).

We will continue to offer free pick up and delivery service in and around the George Town area and for the business community with arranged times. Customers wishing to utilize this service can complete an application form which is available by emailing Puritan Cleaners at puritangc@candw.ky or they can be collected at our locations, Countryside Shopping Centre, or 337 Eastern Avenue. For ease of convenience payments can be done online through credit/debit card.

We thank you for your continued patronage and look forward to continue serving you.

Meanwhile we are looking for another convenient location to serve you as well. Should you have any queries regarding the above, please do not hesitate to contact us at +345-949-7104.

You Feel Good When You Look Good!

# Cayman's Denver visitors to fly newest jet fleet in the Caribbean

Cayman Islands visitors from the West Coast, USA, will experience flying the newest jet fleet in the Caribbean when Cayman Airways' nonstop flights from Denver, Colorado, to Grand Cayman resumes on February 26, 2022.

Carrying the dual title of also being the first Caribbean-based airline to operate the brand-new state-of-the-art Boeing 737-8 jet aircraft, Cayman Airways now offers travelers extra inflight storage space, roomier cabins, more seats in Business Class, and over 30% more seats overall than the airline's previous jet fleet.

Cayman Airways' Denver route is being offered in partnership with the Ministry of Tourism & Transport, and the Cayman Islands Department of Tourism (DOT), and will operate through August 6, 2022.

In-keeping with the Denver market's average vacation duration of seven days, the Denver flight schedule is relaunching with one flight per week, on Saturdays, between Owen Roberts International Airport (ORIA) and Denver International Airport (DEN). Flight KX440 will depart ORIA at 9am and arrive at DEN at 11:30am. On the return, flight KX441 will depart Denver at 12:50pm and arrive on Grand Cayman at 7:20pm. The schedule times change slightly between March 19, 2020 through August 6, 2022 due to the state's Daylight Savings Time changes. See schedule graph.

"Our nonstop service between Grand Cayman and Denver reduces the travel time to Cayman from typically between nine and eleven hours using multiple flights, to less than five hours aboard a nonstop flight operated by our brandnew state-of-the-art Boeing 737-8 air-

FROM

Grand Cayman

Grand Cayman

Denver

Denver

FLIGHT

KX440

KX441

KX440

KX441



craft, with industry-leading comfort and legroom in both our Business and Economy cabins," said Executive Vice President of Finance and Commercial Affairs, Paul Tibbetts. "The longest scheduled commercial flight we've ever operated in the airline's history is on our Denver route, which is a unique benefit Cayman Airways provides the Cayman Islands as a tourism destination, thanks to having the newest jet fleet in the Caribbean. We look forward to welcoming new and returning visitors to Cayman from the 'Mile High City'."

Commenting on the new service, Minister for Tourism and Transport, Hon. Kenneth Bryan noted: "Tourism is highly dependent on airlift, and the resumption

**SCHEDULE GRAPH** 

9am

9am

1:50pm

12:50pm

DEPARTS

ARRIVES

11:30am

7:20pm

12:30pm

7:20pm

of the Cayman Airways service to Denver, Colorado, is integral to the recovery of our tourism industry. As we move through Phase 5 of our border reopening plan, the ability to resume established routes like Denver emphasizes the importance of our national airline, and highlights the strategic role it plays in making it easy for tourists to visit the Cayman Islands from key gateways across the USA."

Echoing those sentiments, Rosa Harris, Director of Tourism, said: "Cayman Airways' nonstop service to Denver will make travel to the Cayman Islands more convenient for our visitors. From The Mile High City to the world-famous Seven Mile Beach in just five hours, visitors can now return to our shores on the newest jet fleet

FREQUENCY

SA (26 Feb-12 Mar 2022)

SA (26 Feb-12 Mar 2022)

SA (19 Mar-6 Aug 2022)

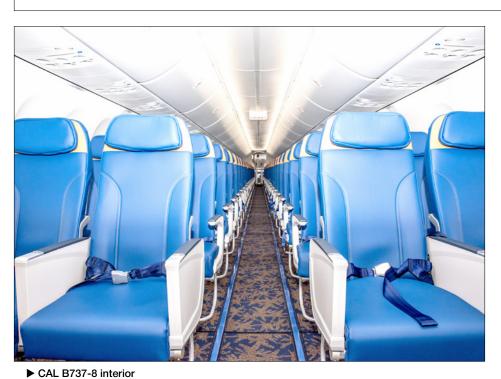
SA (19 Mar-6 Aug 2022)

in the Caribbean aboard Cayman Airways. The Denver route was particularly popular among the diving community and provided a fast and convenient way for SCUBA enthusiasts to explore the Cayman Islands magnificent underwater world. We look forward to welcoming visitors, especially divers, back to our warm Caribbean waters for an unforgettable vacation experience."

Phil Washington, CEO of Denver International Airport, stated: "Cayman Airways is a valued airline partner and the return of Denver service is welcome news. Nonstop flights to Grand Cayman will once again provide a unique option for Denver travelers to easily access this popular Caribbean destination."

Tickets are available for purchase by visiting www.caymanairways.com, or by calling Cayman Airways Reservations on 345-949-2311, or 1-800-G-CAYMAN (toll free in the USA). Booking can also be made by contacting your travel professional.

Visitors are encouraged to visit the following web page to familiarize themselves with the current COVID-19 related travel entry requirements for visiting the Cayman Islands: https://www.visitcaymanislands.com/en-us/travel-requirements



то

Grand Cayman

Grand Cayman

Denver

Denver



► CAL B737-8 fleet at oria, tails

# Ms Sharon Smith is Honoured with MBE

When His Excellency the Governor, Mr. Martyn Roper called to inform retired Deputy Clerk of Parliament, Ms Sharon Smith that she was chosen to be a Member of the Order of the British Empire (MBE) by Her Majesty the Queen, she could not believe her ears.

"I was astonished as I did not expect to hear such news," she says.

After she got over the initial shock, her excitement grew at the once-in-a-life-time honour. It was made even sweeter by the recognition also coming for long-standing public service to the Cayman Islands community, including her beloved East End, where she was delivered by a midwife in 1954 at her uncle's home, and has resided in the district ever since.

She now has the privilege of adding MBE after her name and before her Justice of the Peace (JP) title. Yet, her innate humility and pragmatic nature still shine out.

This stalwart of the civil service retired in December 2020 after almost half a century – 47 years, 7 months to be exact – spent working for the Legislative Assembly, which she saw transition to a Parliament.

Her dedication to her work in the Legislative Assembly was legend throughout her career, notably her commitment to helping guide and inform newly-elected MLAs and later MPs.

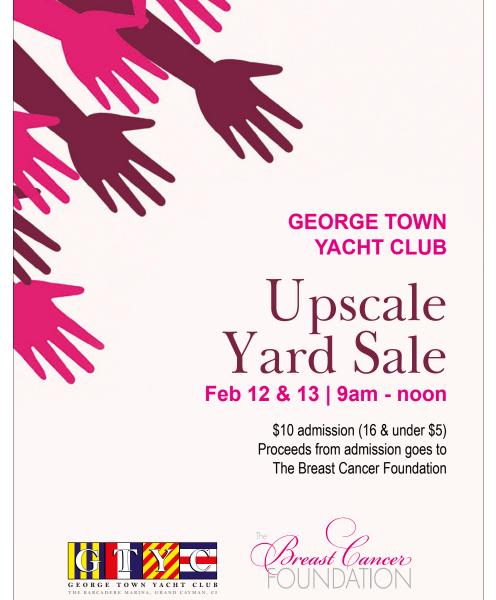
During this time, Ms Sharon, as she is better known, was often the go-to person over the years for information regarding historical and procedural matters as well as rules. This applied equally to legislators, Speakers of the House when newly appointed, and colleagues. She is a fount of knowledge and anecdotes about every aspect of the legislature from the seventies in the previous century to the present as well as the colourful personalities who walked its corridors as peoples' representatives and Government Members.

The veteran civil servant, who turned 68 on 14 January 2022, completed high school in 1972 (one had to be seven years old to start primary school in those days). She then went on to the International College of the Cayman Islands (ICCI) to successfully complete a secretarial course.

After that, it was straight to the Legislative Assembly. She was tested by the then Clerk and later National Hero, Hon. Sybil McLaughlin and appointed to start on 1 June 1973 as a Clerical Assistant.

So, as a 19-year-old, she began her career on a starting salary of \$174, as one among only five employees in the House. The rest is history, as Ms Sharon climbed the ranks till she was named Deputy Clerk, a position in which she also served as the Acting Clerk on a number of occasions.

Over the course of her career, Ms Sharon fondly recalls many who made an impact on her life such as Mr. Willie Farrington; Cl's first National Hero, Hon. James Manoah Bodden; Capt. Keith Tibbetts; Mr. Ormond Panton; Mr. Claude Hill; Mr. Berkeley Bush; former Chief Secretaries Mr. Dennis Foster and Mr. Desmond Watler, to name a few. She also recalls the House growing from only 12 Members to now 19 MPs.





Ms Sharon Smith joined the Legislative Assembly (now the Parliament) a year after the Cayman Islands got an updated Constitution in 1972. She retired as Deputy Clerk in 2020 with over 47 years of continuous service to one organisation under her belt. For her public service to the Cayman Islands, she has received an MBE in the Queen's latest New Year Honours. (Photo by Bina Mani)

Recalling the times she represented the Cayman Islands in international conferences over the years including at Nairobi, Kenya, and regionally in St. Kitts and Turks & Caicos Islands, she says: "More or less, it was a learning experience all the way through."

Over the years, she grew into a solid authority on rules, procedures and house business matters, learning much from her superiors and in turn, teaching newcomers to the House, whatever their position might be.

Her work in the community includes assisting with teaching in the Girls Brigade, serving as the Secretary of the East End Pirates Week Committee as well as Secretary and Accounts Officer for the East End Community Development Committee, each for a number of years.

In addition to her deep community roots in the entire district and more specifically Gun Bay, Ms Sharon is also a devoted family person.

Her husband Mr. Joseph H Smith Snr. who is originally from Honduras, got status in 1989 and has lived in Cayman for over three-quarters of his life - was a carpenter and mason in the building trade, and later retired to be a cattle and produce farmer.

Their son Mr. Joseph Smith Jr. and his wife Ms Joyann have three children, who



are the pride and joy of their grandmother. Their daughter Ms Melissa N. Smith, also a civil servant, works for Education Services.

Ms Sharon's parents were also from East End. Her father, the late Mr. Vernie Dixon, used to work with the Caymanian enterprise Wholesome Bakery while her mother the late Ms Natalie Rankine nee Bodden raised the children.

Ms Sharon recalls life was not easy in those days, including when many mothers still delivered babies in their own homes, with the assistance of midwives. Her grandmother Ms Mercereta Bodden was a midwife in East End, being able to provide a number of proven, tested and tried bush medicines to her "patients", including for pain, she remembers.

All in all, Ms Sharon has embraced her new life as a retired person, and is giving thanks for her life, her family and friends and above all her beloved nation and community, with which she still engages on a daily basis.

Her one message to young Caymanians: to never be shy of hard work, dedication to duty, love and active service to the community and fellow Caymanians, young and old alike. "The Cayman Islands is a beautiful place to live and grow. Let us give thanks always and work hard to preserve the good qualities that make us unique," she emphasises.



Saturday February 19<sup>th</sup> 2022 at 6:00pm Venue: 416 North Sound Road

In stock: Dresses, Men suits, household items and much more.

### Curbside Access for Passenger Drop-offs and Pick-ups at Grand Cayman Airport Reinstated

The Cayman Islands Airports Authority (CIAA), which operates the Owen Roberts International Airport (ORIA) on Grand Cayman and the Charles Kirkconnell International Airport (CKIA) on Cayman Brac, announced today that drivers approaching ORIA will be permitted curbside access for the purpose of dropping off or picking up passengers only, starting 14 February 2022. However, for the safety of all Airport customers, vehicles entering the approach road to the ORIA terminal will be subject to security screening at the Airport Security Checkpoint Booth prior to curbside access being granted.

In August 2021, the CIAA announced that as of 30 August only authorised public transportation and tour operators would be permitted to drop off or pick up passengers at curbside in front of the main terminal with all other vehicular traffic routed to the Short-Term or Long-Term parking lots. "We understand that these changes to vehicular traffic flows entering and exiting ORIA impacted our customers, but our goal has always been to ensure a safe and secure environment while maintaining a positive customer experience," said Chief Airport Security Officer Chad Yates. "With curbside access now being reinstated, we have implemented new screening measures, such as security screening of unvetted/public vehicles, to help protect the traveling and general public, and will remain vigilant that curbside use is conducted in a timely manner."

Commenting on the new system, Hon. Kenneth Bryan, Min-



> Drivers approaching ORIA will be permitted curbside access for the purpose of dropping off or picking up passengers only, starting 14 February 2022

ister for Tourism and Transport said, "I am very pleased that the CIAA has identified a cost-effective way to restore curbside access to the public, while remaining in compliance with international security requirements. Travelling is time sensitive and people need and expect a fast, efficient and convenient way to drop off or pick up travellers. This is a win-win solution that keeps safety as the top priority and delivers a better experience for the public."

Airport customers still have the option and are encouraged to use the drop-off zone in the Short-Term parking lot, located just before reaching the Airport Security Checkpoint Booth, which has been allocated for those persons dropping off departing passengers, or to park in the Short-Term parking lot to pick up arriving passengers. Parking is free for up to five minutes after which time the standard parking rates apply.

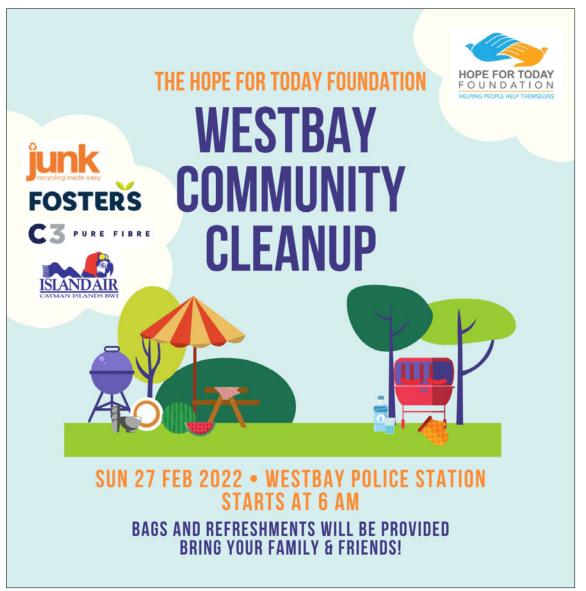
The standard parking rates at Owen Roberts International Airport are: Short-Term Parking:

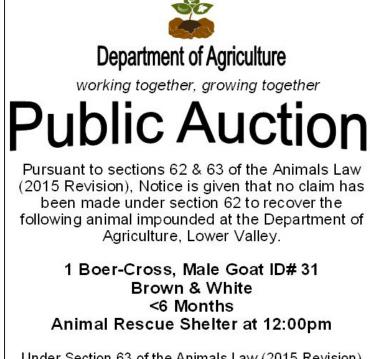
– 0-5 minutes free

Over 5 minutes - CI\$2.00 per hour (or part thereof)Daily rate - CI\$48.00

• Long-Term Parking: CI\$7.00 per day (or part thereof)

Airport customers exiting the Short-Term or Long-Term parking lots now have the added convenience of being able to pay their parking fees by credit or debit card at the exit machines. The exit machines accept Mastercard and Visa cards and are equipped with an intercom help button should customers require assistance from an Airport Ground Transportation Officer. Customers may also pay their parking fees by cash at any one of the pay stations located inside the main airport terminal.





Under Section 63 of the Animals Law (2015 Revision) the Department of Agriculture will offer this animal for sale by Public Auction, at the Animal Rescue Shelter Lower Valley,

on Tuesday 15th February 2022 at 12:00 pm.

# Winners Announced for the 28th

Twelve of Cayman's cultural practitioners and preservationists will be honoured for their contribution to the country's arts and cultural legacy at the Cayman National Cultural Foundation's 28th annual National Arts and Culture Awards which takes place on Thursday, 17 February at the Harquail Theatre.

Charles Long, Donna Bryan, Margaret Barwick, Natalie Urquhart, Jawara, Ky-Mani Rudolph Davis III (posthumous), Yonier Powery Serrano, Simon Tatum, the Cayman Art Week Committee, Staff of the National Gallery of the Cayman Islands and Stoak'd (Marc & Pam Laurenson) will be recognised for their talent and expertise in the areas of fine arts, fashion design, entertainment, digital art marketing, thatch making and cultural and historic preservation. Prolific visual artist Bendel Hydes will be given the Visionary Award.

National Arts and Culture Awards are given to those who have made a significant contribution to arts and culture or achieved a high-quality body of creative work. The honourees will be presented with their awards at a formal ceremony surrounded by family and friends. In addition, presentations will be made to the sponsor of the year and the recipient of the Chairman's Award for long-term support of CNCF's work. Due to COVID gathering restrictions, the event is invitation-only.

Cultural and heritage organisations, as well as the general public, were asked to submit nominations for the CNCF Heritage Cross and Star for Creativity in the Arts. A CNCF-appointed committee ultimately chose the recipients. Nominations are open between January and September each year.

#### **CNCF Heritage Cross**

The CNCF Heritage Cross award is reserved for individuals and groups who have a consistent and active, quality engagement in the preservation and/or celebration of Caymanian cultural heritage. The award has three levels: GOLD for a lifetime of high-quality engagement; SIL-VER (minimum of 10 years) and BRONZE (minimum of 5 years).

### CNCF Star for Creativity in the Arts

The CNCF Star for Creativity in the Arts is awarded for artistic endeavour, achievement and excellence in the arts. Like the Heritage Cross, the Star for Creativity also has three levels reflecting the span of the artist's work and/or its overall impact.

"We recognise now, as we do annually through our National Arts and Culture Awards, the many heroic Caymanians – old and young, sung and unsung, past and present – who built the traditions of community, patriotism, love, loyalty, industry, sharing and caring. We are as certain as anyone can be that if Cayman is to retain any semblance of the country that gives substance and meaning to these values of humanity, we must retain and hold them steadfastly as the pillars upon which our future is built." said Marcia Muttoo, CNCF Managing Director.

#### GOLD HERITAGE CROSS AWAR DEES

**Charles Long** moved to the Cayman Islands with his family in the late 1960s and began an art career spanning over half a

century. A founding member of the Visual Arts Society, Long crafted his own visual aesthetic that is quintessentially Caymanian. His paintings employ a stylistic language that represents the emergence of a distinct voice in Caymanian art, one that is vernacular and rooted in the sensory experience, landscapes and seascapes of our islands. His work has achieved iconic status and is easily recognisable for its brightly coloured palette and flattened, mural-style of depiction.



Long's work is held in the collections of the Cayman Islands National Museum and the National Gallery of the Cayman Islands, as well as numerous private collections, and has been featured in countless National Gallery exhibitions, including a career retrospective in 2002. In 2017, he received the CNCF's Star for Creativity, GOLD.

**Donna Bryan** grew up in Cayman Brac and from the age of 10 was taught by her mother how to plait silver thatch palm. When she came over to Grand Cayman to live, she continued with her thatching skills.



Ms. Bryan has taught thatching in all but one public school, including her visits to the John Gray High School (JGHS) during lunch times. Government funds were allocated to assist with the JGHS initiative and during one of the school's Professional Development days, Ms. Bryan came in and shared her knowledge with the teachers in the Art Department who embraced the class and decided to offer it to Key Stage 3 students as part of the curriculum during the term. Ms. Bryan has also taught thatching at a few private schools. Her thatch pieces have been showcased by Girls Brigade International, at Heritage Week (formerly known as Pirates Week) and the Kimpton Seafire Resort & Spa.

#### GOLD STAR FOR CREATIVITY AWARDEES

In 1977 **Margaret Barwick** arrived in the Cayman Islands from her homeland of New Zealand via the Solomon Islands, Kiribati and Malawi. She quickly became involved in the establishment of the Visual Arts Society (VAS), the islands' first formal art collective. Subsequently, she headed the first Cayman Islands contingent to CARIFESTA IV in Barbados in 1981.



Barwick has also designed national stamps, created the Tortola, BVI's J. R. O'Neal Botanic Gardens, played a leading role in the design of the Cayman Islands Queen Elizabeth II Botanic Park and wrote the authoritative *Tropical and Subtropical Trees: A Worldwide Encyclopaedic Guide* (2004).

Barwick's work has been exhibited in London, New Zealand, Malawi, Barbados, France and the Cayman Islands and can be found in the collections of the Cayman Islands National Museum and the National Gallery of the Cayman Islands.

**Natalie Urquhart** is the Director and Chief Curator of the National Gallery of the Cayman Islands (NGCI). She has worked within the regional cultural sector for over 20 years and is a leading authority on Caymanian art and culture, and author of the islands' first formal art history.



In 2019 she established the *Cayman Islands Biennial* – the country's first multi-venue tri-island contemporary art project – and more recently launched the inaugural Cayman Art Week in response to the impact of the pandemic on the creative sector. Her own curatorial practice explores the influence of traditional cultural heritage and memory on contemporary art in the Cayman Islands, which has led to over 30 exhibition projects including 21st Century Cayman, The Persistence of Memory, Tidal Shift, REVIVE – Contemporary Caymanian Craft, Upon the Seas, and The Art of Fashion.

Urquhart is a former President of the Museums Association of the Caribbean (2017-2020) and has served on the Boards of the Tilting Axis - Caribbean Art Alliance, the Visual Arts Society, the Cayman Islands Chamber of Commerce, and the Cayman Islands Constitution Commission, among others. She is the recipient of the Young Caymanian Leadership Award, 2011, a CNCF Star for Creativity in the Arts, Silver 2009 and Heritage Cross, Silver 2015, and a Cayman Islands Literary Award, 2017. In 2022 she was recognised with a British Empire Medal in the Queens Honours List for her services to arts and culture in the Cayman Islands and the wider region.

#### SILVER STAR FOR CREATIVITY AWARDEES

Jawara Alleyne is a Caymanian artist and fashion designer whose work deals with questions of cultural identity from a Caribbean perspective. In 2013 he received a scholarship from the National Gallery of the Cayman Islands (NGCI) and Deutsche Bank, which he used to pursue a bachelor's degree in Fashion Design and Marketing at The London College of Fashion. Following his graduation in 2016 Alleyne co-founded the diversity conscious Nii model agency in London with photographer and collaborator Campbell Addy. He also completed a master's degree in Fashion Design at Central Saint Martin's, London in 2020.



Alleyne's work was featured in the NGCI exhibition *Art of Fashion* (2018) and *Cross Currents - 1st Cayman Islands Biennial* in 2019. He is an avid representative of the Cayman Islands internationally, representing Cayman at the 2017 CARIFES-TA festival and in London at the United Kingdom Overseas Territory Association (UKOTA). In 2018, he received a CNCF Star for Creativity, BRONZE.

**Ky-Mani Davis** – affectionately known as Rudolph, DJ TNT, and Rudy – was born in Grand Cayman on 20th January 1975 to the late Rudolph Davis II, and Sonia Davis, who emigrated from Belize. Around 1986, he learned to mix music under the tutelage of Neil Sambula a.k.a. "DJ Neil Sam", and deejayed alongside his lifelong friend, Arek Gardner a.k.a. "DJ Atom Skillz".



An in-demand DJ, Rudolph travelled and entertained around the globe for more than 30 years. He also mentored and/or partnered with fellow Cayman-based DJs such as New Generation, Super C, Selecta

# **Annual National Arts & Culture Awards**

Renegade, Coalition and La Familia, and internationally acclaimed DJ crews such as Poison Dart.

Sadly, Ky-Mani passed away on 14 December 2020 at the age of 45, leaving behind a legacy of memorable accomplishments and devoted fans. He will always be remembered as a musical legend.

#### BRONZE STAR FOR CREATIVITY AWARDEES

Yonier Powery Serrano was born on Isle of Youth, Cuba. Beginning his artistic studies in 1999, his prolific output, which ranges from painting and drawing to intricate ceramic pieces, reflects the artist's personal biography and his twin influence of his Cuban-Caymanian roots. Acknowledging the deep ancestral associations that link the artist's family, and those of many Caymanians to the Isle of Pines, his fantastical ceramic art is very much the product of Cuba and Cayman's close cultural and economic ties to the sea.



Since 2010 when he started living in Cayman full time, Powery Serrano has made every effort to share art with all areas of the community and has also donated his work to charities such as the Cayman Islands Cancer Society. He keeps his Caribbean heritage the forefront of his art, which has been featured in multiple shows, including a recent solo exhibition at the National Gallery of the Cayman Islands in 2021.

**Simon Tatum** received his Bachelor of Art degree from the University of Missouri (USA) in 2017, and a Master of Fine Arts Degree in Sculpture and Expanded Media from Kent State University (USA) in 2021. Tatum's thesis showcase, titled The Romantic Caribbean, featured at the Kent State University's CVA gallery in March 2021, and he has shown a solo exhibition within the National Gallery of the Cayman Islands (NGCI) titled Looking Back and Thinking Ahead. He has also participated



in many group exhibitions including Arrivants: Art and Migration in Anglophone Caribbean World at the Barbados Museum and Historical Society and the Sense of Place exhibition at Spinnerei Halle 18 in Leipzig, Germany.

Tatum was honoured in 2016 with an international travel grant from the NGCI to attend the Caribbean Linked IV residency programme in Oranjestad, Aruba. Moreover, he is also the first graduate scholar sponsored by the Peter N Thomson Family Foundation in Grand Cayman to pursue a graduate programme.

Alongside his studio art practice, Tatum is developing skills in art administration and writing. He has previously worked with the NGCI and the Kent State School of Art Galleries and Collection. He currently works within Studio Campos-Pons in Nashville, TN, USA.

#### STAR FOR CREATIVITY CERTIFICATE

**Cayman Art Week (CAW)** is a weeklong curated programme of exhibitions, art galleries, open studios, art tours and late-night art events across the three Cayman Islands that was launched in July 2021. Created to help offset the impact of the pandemic on the creative sector, CAW was designed to stimulate the Caymanian creative economy and to celebrate Caymanian creativity by drawing to together an unparalleled collection of 27 commercial galleries, pop up exhibitions, and studio spaces.



CAW's annual event is supported by a web platform and social media calendar that profiles all commercial art spaces in the Cayman Islands in one comprehensive space enabling a singular point of access to, and information about, these venues throughout the year. Cayman Art Week was launched by Natalie Urquhart (founder), and executed by a volunteer team comprised of Urguhart, Caroline Schroder, Pam Brown and Meegan Ebanks, with support from Susan A. Olde, OBE (CAW Patron), Colin Lumsden, Isy Walton, Katie O'Neil and Melanie Cumber. The entirely free event was supported by core partners Provenance Properties Cayman Islands, George Town Revitalisation (and NYSA), the National Gallery of the Cayman Islands, and MC2 Design Group, along with support-in-kind from local businesses. The long-term aim for Cayman Art Week is to develop as an annual event that supports the growth of a viable art market in the Cayman Islands by cultivating local and international collectors, as well as supporting the arts community through online programming.

#### Staff of the National Gallery of the Cayman Islands for their Digital Programming Initiative

Following the COVID-19 lockdown in March 2020, the National Gallery of the Cayman Islands (NGCI) had to shut its doors to the public. In order to continue providing the community with access to locally produced art, culture, and educational activities throughout, NGCI's staff rapidly adapted by making almost all of its services available online, as part of a new Digital Engagement Programme.

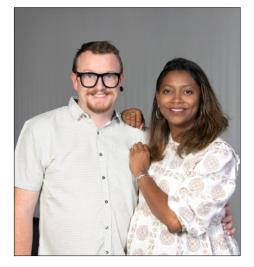


This included, but was not limited to: four virtual online exhibition experiences, several of which were included in a line-up of top global virtual exhibitions alongside the Louvre Museum (Paris) and the Metropolitan Museum of Art (NYC); the new NGCI Collection Online Project, which saw 200 artworks from the National Gallery Collection uploaded to a digital archive with related interpretation materials and artist biographies (making this the most comprehensive archive on Caymanian art anywhere); the new National Gallery Online Exhibition Archive; several 'digital-only' exhibitions that shared the community's response to lockdown including Art Under Lockdown; and a programme of tri-weekly downloadable art activities relating to STEAM topics to ensure students from all corners of Cayman could still celebrate art and culture in a very difficult time.

With the new digital programme being supported by an active social media campaign uptake was extensive and, despite opening doors in July 2021, NGCI remains committed to responding to the needs of its in-person and online audiences by working in a hybrid capacity permanently.

**Marc and Pam Laurenson** are the co-founders of **Stoak'd**, an illustration, art, and design collective. Working principally in pop art-inspired style, the Laurensons' practice embraces a wide range of artistic styles and media, from painting and sculpture to graphic design and working with found and recycled materials.

Stoak'd has won numerous awards since its inception and the Laurensons' work has been widely shown in galleries

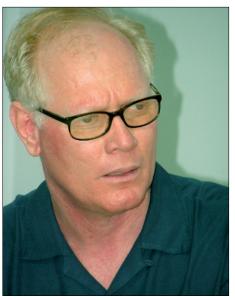


and featured in editorials and magazines, including the cover of the Cayman Airways Skies in-flight magazine (2019), 1340 Art International Magazine and most recently in Forbes (2020) for their artwork created from recycled materials – *COVID-Self Portrait* – which has been added to the Permanent Collection of the National Gallery of the Cayman Islands (NGCI)

Stoak'd has won two Poinciana Festival awards (2013 and 2014), exhibited in the KAABOO Cayman Music, Arts and Food Festival (2019), featured in the National Gallery's exhibitions *Cross Currents: First Cayman Islands Biennial* (2019), *Art Under Lockdown* (2020, virtual) and *Island of Women* (2020). The most recent art exhibition was *Consumed* (2020), presented as a solo exhibition by Marc Laurenson at the NGCI.

#### **VISIONARY AWARD**

As the Cayman Islands foremost visual artist, **Bendel Hydes** is rightly recognised as the founding father of contemporary art in the Cayman Islands. During his 50-year career as a professional artist, he has carried the torch for Caymanian culture both locally and overseas, exhibiting his work in prestigious art institutions, including the Commonwealth Institute in London and the Smithsonian in Washington, D.C., while also featuring in several of the most prominent international exhibitions of Caribbean art.



Hydes was instrumental in co-founding the National Theatre, the precursor to the Cayman National Cultural Foundation (CNCF), and the National Gallery of the Cayman Islands (NGCI). He has also taught numerous artist's workshops at both CNCF and NGCI, helping to teach the next generation of Caymanian artists. In 2004 Hydes was made cultural attaché to the United States, serving as a cultural ambassador for our islands and helping to further support the promotion of Caymanian culture overseas.

Within art historical circles, the importance of Hydes' work is reflected by his inclusion in seminal publications on Caribbean art and artists. He also has the distinction of being the only Caymanian artist to receive a FULL career retrospective at the National Gallery of the Cayman Islands in 2019, which was accompanied by a 200-page scholarly publication.

For more information about the National Arts & Culture Awards email info@artscayman.org or call 949-5477.

## Cayman showcases attributes at Expo 2020 Dubai

Happening right now, the Cayman Islands is sharing the stage with another 191 countries around the world in Dubai's Expo 2020 which, having suffered from delays due to the pandemic, finally lifted off in 2022.

A platform for showcasing world changing ideas, Dubai's Expo 2020 follows in the footsteps of other historic world fairs, starting with the World Fair at London's Crystal Palace in 1851.

The Cayman Islands has been able to participate as an Overseas Territory of the UK and can therefore enjoy its own segments on the UK Pavilion. The pavilions are essentially a blank canvas at which countries can showcase themselves to the world. Here, Cayman has been given a unique opportunity to reintroduce the Cayman Islands to the world and properly show off to the anticipated millions of visitors from all over the

world everything this jurisdiction has, with regard to cultural and investment opportunities.

As the Expo runs over three months, from January to March 2022, Cayman has been given the UK pavilion in its entirety for one day each month to properly show the world all that this location has to offer. The UK Pavilion is based in the Opportunity District at Expo 2020 and is open from 10am -10pm every day.

On Tuesday, 8 February, Caymanian the pavilion, with local artist Jason Kennedy actually participating at the event, representing Caymanian art. On show at the Expo was work by a variety of well-known Caymanian artists, including Dready art by Shane Aquart, as well as work by Kerwin Ebanks, Gordon Solomon, Chris Christian, Nasaria Suckoo-Chollette, and Randy Chollette.

art was a focus at

Jason was working on a painting live at the pavilion

and said it had been a poignant experience for him.

"We've got a ton of people coming through just seeing what were doing here. As you can see, I'm live painting. It's an incredible honour to be representing Cayman and representing arts in Cayman as well," he said.

Upcoming events include: Taste of Cayman on Friday, 11 February from 6:00 pm



- 8:00 pm at the Ritz-Carlton, Dubai; the Cayman Islands at Smart City Expo from 15 to 16 February at DIFC Dubai; the Cayman Islands at the Dubai Boat Show 2022 from 8 to 12 March; the Cayman Islands at the World Art Dubai 2022 from 16 to 19 March; and finally, the Cayman Islands at the UK Pavilion on Tuesday, 22 March from 10:00 am - 10:00 pm at the UK Pavilion.



### PRESIDENT & CEO ("President")

University College of the Cayman Islands ("UCCI") invites qualified individuals to apply for the position of President & CEO. Salary Scale: CI\$121,212 – CI\$155,148

UCCI is the national public university college, established as a statutory authority. UCCI offers 1,400 students a wide variety of day and evening courses at the Associate, Bachelor and Master's degree levels, as well as continuing adult education and workforce training, through eleven departments and schools.

#### **Key Responsibilities**

Overall responsibility for the management of UCCI and for the attainment of strategic goals/objectives in accordance with UCCI's mission, as set forth by the Board of Governors and Ministry of Education. The President provides guidance and support for the daily operational management of UCCI as a whole.

#### President's Strategic Mandate

The President is expected to continue carrying out the current five-year UCCI Strategic Plan (2019-2024). The new President's mandate includes:

- Leveraging existing and creating new relationships to build and expand partnerships that will enhance the College and support its mission, particularly in achieving enrollment goals.
- Seeking & obtaining int'l institutional accreditation.
- Developing innovative approaches to achieving financial sustainability & inspiring financial support & creative solutions to the challenges of funding.
- Demonstrating disciplined oversight of the fiscal and operational activities of the College.

#### **Qualifications & Experience**

- Minimum of a Master's degree, with a Doctorate (PhD) degree preferred.
- At least 10 years of relevant work experience in a higher academic setting.
- At least 5 years of senior executive or comparable leadership administrative position with a demonstrated successful record.
- Relationship building skills (i.e. students, faculty, governing board, elected officials, community and external strategic partners).
- Visionary leader with knowledge of emerging trends and unique needs of a community college.
- Exposure to private fundraising and grant writing necessary.
- Familiarity with various international institutional accreditations processes.
- Excellent communication skills (written & verbal), in both academic and business setting.
- An understanding of a statutory authority or a publicly funded environment.

#### Terms of Appointment

- The President is expected to take office on a mutually agreeable date.
- An appointment as President and CEO is for a contractual period determined by the Board.
- Continuation of an appointment as the President and CEO is subject to a satisfactory annual performance review and is to be executed in accordance with the Public Authorities Act.

#### **Application Process**

Applicants will submit for review the following:

- 1. A CV with cover letter addressing the characteristics and qualifications;
- 2. A list of 5 professional references, none of whom will be contacted until a later stage of the search or without formal permission from the candidate;
- 3. Official transcripts will be required in due course for further consideration of employment; and
- 4. Candidates will be required to undergo standard background check in the latter stage of the recruitment process.

**Deadline for applications is March 10, 2022.** All applications and relevant documents are to be submitted electronically to our HR Consulting partners from CML Recruitment at president@cml.ky. Please reference this post.



## **COMMUNITY EVENTS**

#### Valentine's 5K Fun Walk/ Run

12 February - Enjoy a Valentine's 5K Fun Walk/Run with your loved one on Saturday 12 February presented by the Mothers' Union of St. George's Anglican Church. Registration is at 6am and the run begins at 6:30am. The route is Smith Cove Barcadere to The Avenue and back. Registration cost is \$10 for adults and children under 12 are free. Proceeds of the event will be go to Maple House and other outreach projects.

#### **Flower Show and Plant** Sale

12 & 13 February - The Garden Club of Grand Cayman is hosting a Flower Show and Plant Sale at the Cayman Turtle Centre from 8am to 5pm on February 12th and 13th. Contact dunbarjoyce4739@gmail.com for more information.

#### **Chamber of Commerce** - Building an effective resume

15 February - Recruiters spend as little as six seconds glancing at a resume, before moving on to the next one! This workshop will show you how to make your resume stand out from the crowd. For the time and cost of this workshop, go to www.caymanchamber. ky/events-training/training-centre/ or call 949 - 8090.

#### **Community Chess**

15 February – Enjoy chess? Join the Cayman Chess Club at the West Indies Wine Company, Camana Bay for a complimentary chess class and open challenges weekly from 5pm to 8pm. Anyone can learn, play and enjoy chess; even complete beginners.

#### **Alex Panton Foundation -5th. Annual Youth Mental** Health Symposium -Thriving in uncertain times

19 February - The Fifth Annual Youth Mental Health Symposium will take place on February 19th, from 10am. Now in its fifth year, the symposium offers a platform to connect young people and their families with the practitioners, researchers and policymakers committed to creating lasting change across the youth mental health sector. The full event will be streamed online via the Facebook Page and available to everybody!

#### **Cayman Youth Choir -**Harmonise the World

20 February - Cayman Youth Choir's first concert of the year - Harmonise the World - takes place on Sunday 20 February at the Kimpton Seafire Beach Deck beginning at 4pm. The concert will feature feel good songs such as "We are the World" and "What a Wonderful World" and hits by



agine Dragons, Mikeschair, Take That. Duran Duran, Michael Jackson and Louis Armstrong. Tickets are \$15 for adults, \$5 for students and are available on Eventbrite or by emailing caymanyouthchoir@gmail.com or calling 922 -

#### **National Museum Speaker Series – Monika** Lawrence

24 February - The National Museum's next Speaker Series will feature Monika Lawrence speaking to The Discovery of Self through the Empowerment from Dance at 6pm on February 24. Zoom details

are available on registration by emailing giftshop@museum.ky

#### **Crystal Bowl Sound Bath** with Erika of Aglow Cayman

25 February – Join Erika of Aglow Cayman at the National Gallery for this free mediation session. Relax with the healing tones of crystal bowl music at this sound bath mediation. Booking is required so register to reserve your space by emailing education@nationalgallery.org.ky or call 945 – 8111.

#### **Coco Fest 2022**

26 February - Coco Fest 2022 takes place on Saturday 26 February at the Pedro Castle from 12 non to 6pm. There will also be demonstrations on the uses of coconut throughout Cayman's history. All kinds of coconut-based items/products, from cooked food, crafts, games, music, to coconut oil and health and beauty products will be showcased. Admission is CI\$5 for adults, and FREE for kids under 5. For more information, please email admin@pedrostjames.ky or call 947-3329.

Send your community events to wendy@ caymaniantimes.ky

# What's your problem? (I'll tell you...)

You want to be fit. You know how much you should weigh. You know your ideal size. You can even picture how great those skinny jeans will look.

So why aren't you living life in your ideal body?

There are many complex reasons that make weight loss a challenge, reasons that go deeper than simply calories-in versus calories-out.

I'm talking about the life issues that get in the way of your success.

Read the following 5 obstacles and the solutions to unlock your best body ever.

#### 1. You don't want to be bothered.

It's in your DNA to avoid pain and seek out pleasure. Unfortunately, this works against you when trying to get fit. In your mind, it's painful (or at least uncomfortable) to deny yourself the tasty food that you crave and to exert yourself with exercise.

There's a simple way to work around this obstacle: Find something painful about being out of shape to motivate yourself towards healthy eating and exercise. Focus on the negative impact your current weight has on your health, self-esteem and lifestyle. Convince yourself that the pain of being out of shape is much greater than the discomfort of losing weight.

#### 2. You don't want to wait for the good stuff.

Just as you wish to avoid pain, you are also an expert in seeking out pleasurenamely food. This served the cavemen well, but these days it ends up as extra pounds around your waist and thighs.

There's good news: extra calories are not your only option to stimulate the pleasure center of your brain. Find an activity or two that make you smile and indulge in those regularly.

- A walk outside
- A good book
- A night out to the movies or theater A spa day

You can also retrain your brain to crave the pleasure of exercise-induced endorphins. Talk about weight gain kryptonite!

#### 3. You are crazy busy.

Let's face it, you work too much, commit yourself to too much and don't even get enough sleep most of the time. The fastpaced way you live leaves you exhausted, stressed and hungry for comfort food. You even begin to feel too busy to take care of your health.

It's time to reprioritize. Let go of your perfectionist standards and remove a few commitments from your schedule so that you are able to cook healthy meals, exercise and get a good night's sleep. Remind yourself that taking care of your health is not a luxury—it's a necessity.

#### 4. You don't deserve it.

I don't agree with it, but you sure act like you don't deserve to live the good life in the body of your dreams. Take a moment to think back on all the times you have self-sabotaged your weight loss efforts. If you don't believe deep down that you are worthy then you'll never give yourself a chance at a fit body.

I believe that you deserve to have a healthy body-and I urge you to dig deep down to uncover why you don't. Once you conquer your feelings of unworthiness, getting on an exercise and healthy eating plan will be easy.

Take the time to take care of yourself. You DO deserve it.

#### 5. You are afraid.

You're afraid to start because you just might fail, and wouldn't that be embarrassing? You're also afraid to start because you just might succeed, and change makes vou uncomfortable - even if it's change in the right direction.

When you decide to get fit you will need to go through a bushel of changes:

- New diet • New exercise routine
- · New friends at the gym



Ernest Ebanks

- New clothes
- New self-image

Focus on all of the ways that losing weight will make your life better. Envision that better life everyday so that it goes from being new and scary to familiar and comfortable.

I want to personally help overcome every obstacle standing between you and your ideal body. Call Ernest at Body **Shapers Personal Training Fitness Stu**dio 325-8696 or email bodyshaperscayman@gmail.com today to get started on a program that will change your life and body forever...in a good way :-)

2079/922 - 5550.

# artists such as Fifth Harmony, Im-

#### WEEKLY WEATHER FORECAST Wednesday **Thursday** Friday Saturday Sunday **Monday Tuesday** 83°/75° 81°/73° 78°/77° 83°/76° 82°/ 74° 80°/79° 81° A couple of Sunny to partly Windy with sunny Windy; a little Sunshine and Mostly sunny and An afternoon cloudy shower afternoon showers intervals morning rain windy windy **DEATH ANNOUNCEMENTS** Π Churchill's The family of the late The family of the late Funeral Home Marcus Powery **Delores Solomon** regret to announce her passing on regret to announce his passing We have been asked to announce the passing of Mrs. Carlotha Joan Ebanks, Sunday, 30 January 2022. on 3 February, 2022. affectionately known as "Ms. Carley" who passed away on Tuesday, February 1st, 2022. ಂೇ ೨೧೦ ಂ. ಅತಿನಾಂ A Service of Thanksgiving will take place at the Aston Rutty Centre, Cayman Brac, Cayman Islands on Sunday, February 13, 2022 at 2:30 p.m. A funeral service will be held Viewing: 1:30 p.m. – 2:30p.m. Interment: West End Cemetery A funeral service will be held 3:00 p.m. at Church of God Chapel 3:00 p.m. At Special Notice: Please wear mask during service. on Sunday, 13 February 2022. Bodden Funeral Service on Sunday,13 Feb 2022. Condolences can be registered at churchillsfuneralhome.com Interment will follow at the Interment will follow at the Prospect Cemetery. Boatswain Bay Cemetery. Condolences can be registered at boddenfuneralservice.com & Condolences can be registered at boddenfuneralservice.com & Bodden Funeral Service Facebook page Bodden Funeral Service Facebook page odden E Hunera Bodden Sunera The family of the late MOMENTS OF Loving Birthday greetings to **Ovena Smith INSPIRATION** Better known as Yvonne regret to announce her A Very Special Husband, passing 28 January, 2022 SURPRISING 00000 Father, Grandfather & GRACE A funeral service will be held 1:00 p.m. Acts - 1: 1-19 Great-Grandfather Saturday, 12 February 2022 at Boatswain Bay Presbyterian Church A woman fell asleep on viewing of the body will be Mitchel Reeves Lowery the couch after her husfrom 12 noon, prior to the service. band had gone to bed. An intruder sneaked in through February 12th, 1938 Burial will follow at the sliding door, which they Boatswain Bay Cemetery. had forgotten to secure. He entered the bedroom where ences can be registered at boddenfuneralservice.com & the husband was sleeping Bodden Funeral Service Facebook page and picked up the television y 84<sup>th</sup> Birthday Boa set. The man woke up, saw len E unera a figure standing there and A source of comfort in a troubled tim whispered, "Honey, come

It isn't yet a year, Dear Since you passed away And everyday we think of you In such a special way. It would be your Birthday, A day we always shared. A special day for you alone To Show how much we cared. But this year there'll be no cake, No gifts, no gathering together, No Birthday kiss, no warm embrace, Those things can't last forever. But what you'll always have, dearest one

to the bed." The burglar panicked, put the television

down and grabbed a stack

of money from the dresser.

The thief was in for a big

to be a stack of Christian

pamphlets with a likeness

of \$20 bills on one side.

and explanation of the love

and forgiveness of God, on

the other side. Instead of

cash he got the message

prised by God's gift of

Grace to you? Have you

experienced His forgive-

ness? Do you know Jesus

as your Saviour? This is a good time to do so.

Have you been sur-

of the God's love for him.

The money turned out

surprise!

It what you II always have, dearest on Is the love within our hearts, That special love that's just for you And which death can never part.

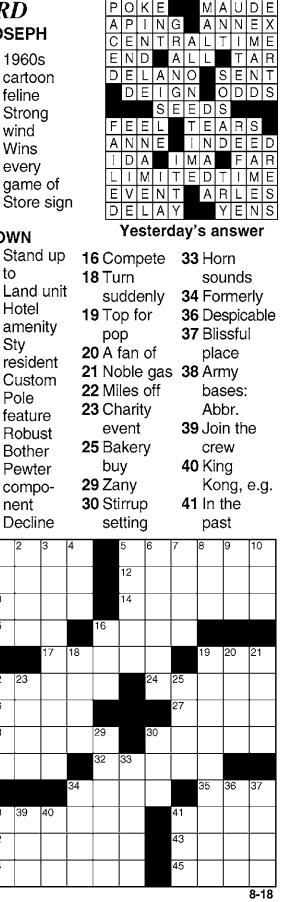
### Happy 1st Birthday in Heaven

Missing you so very much: your Loving Wife Clancy, Daughter Kerrilyn, Granddaughters Kellee, Tisha, Haley, Grandson Kameron and Great-Grandchildren Dre, Jaidin, Dylan, Destyni, Marley, Denay, Cassidy and your "coffee buddy", Dosh. We know you're dancing with the Angels in the skies now.

the Angels in the skies now. WE LOVE YOU AND ALWAYS WILL REMEMBER YOU, PAPA!!



Puz	Puzzles / Comics											Caymanian Times   Friday														Friday,	Feb				
SUDOKU											sev 9 in 3x3	Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.														ch 📔	B A	OR JOS 42 1			
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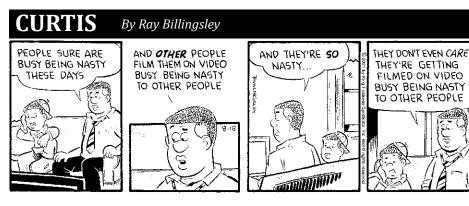
Have fun with CAYMANIAN TIMES

THE AMAZING SPIDER MAN By Stan Lee





back, up, down and diagonally



**JUDGE PARKER** 

ŝes JUST HAPPY NO ONE WAS HURT IN THE ENCER FIRE. I KNOW LIKE A LOT OF BUSINESS IN CAVELTON, THE B&B HAD STRUGGLED L FINANCIALLY DURING THE PANDEMIC BEFORE 7. IT SUDDENLY BURNED DOWN 2 3 ÷.

reddener





#### CARIBBEAN BRIEFS

### Marley's 77th celebrated globally

Reggae fans worldwide celebrated Bob Marley's 77th birthday on Sunday and in his Jamaican homeland his family ensured his legacy continues to thrive with a series of events.

Marley died in 1981, aged 36, from cancer. Events and exhibitions are being staged worldwide to mark his birthday, including in the UK where a memorabilia exhibition recently opened at the Saatchi



Rita Marley is honoured too in Jamaica

Gallery in London. Toronto City Council celebrated Bob Marley Day again on Sunday, its 31st consecutive year.

The theme for this year's Jamaica celebrations was Roots 77 with seven main events over seven days. They included a beach clean-up, a sound clashes, music industry seminars, two art installations, and two concerts. Fans worldwide were invited to join the festivities by tuning

in to the live stream of Bob Marley's 77th Earthstrong on the Tuff Gong TV YouTube channel on Sunday for seven hours.

"I am so pleased to have the opportunity to honour my dad each year - especially in a way that welcomes fans and well-wishers around the world to share this special occasion with our family," said Cedella Marley. "This year is particularly important to us with Jamaica celebrating its 60th anniversary."

One of the main attractions of the celebration is the new 'Rita Marley: Mystic of a Queen' piece. The Berette S Macaulay-curated exhibition honouring Marley's widow is a permanent fixture at the Bob Marley Museum in Kingston.

Through the Tuff Gong TV YouTube channel, Bob Marley's 77th Earthday live stream featured performances by The Marley brothers, Minister Marion Hall, formerly known as Lady Saw, Sharon Marley, and grandsons Skip Marley, Jo Mersa Marley, and Elijah Marley.

A new feature of the Bob Marley celebration is the introduction of The 7 Roots of Marley. Inspired by the seven pillars of Kwanzaa, the video meditations explore the reggae legend's ideals and give insight into his ideologies and far-reaching impact.

Julia Vaz, marketing director of the Bob Marley Group of Companies, emphasised the comprehensive nature of this year's offerings: "The goal is to provide something for everyone and to emphasise different aspects of Bob Marley's guiding beliefs and way of life. We want people to have a feel of who he was beyond his status as a reggae superstar."

True to this notion of going back to the roots, there was a sound clash titled 'Echoes of Sound Systems – When the Two 7's Clash'. It was a collaboration with the Ministry of Culture, Gender, Entertainment,

.....



Bob Marley's legacy grows daily

and Sports. Billed as the sound clash to end all sound clashes, it saw sound systems vie for the top prize and bragging rights. This celebration also formed part of the celebrations for Jamaica's 60th year of independence and will air weekly during reggae month on Tuff Gong TV.

### Guyana oil output rises soon

Guyana is about to get even more oil wealth after Exxon Mobil announced that next month it plans to start production at its second oil platform there.

Guyana is one of Exxon's top bets for production growth. Its recent discoveries are expected to drive recoverable oil and gas volumes beyond 10 billion barrels.

Liza Deep is the first vessel. The second vessel, Liza Unity, will almost triple Guyana's production this year to 340,000 barrels of oil and gas per day from about 120,000 bpd. Exxon and partners control all output in the nascent oil nation, where production started in 2019.

An Exxon-led consortium operates the Stabroek block off the coast of Guyana.

Exxon is the operator with a 45 percent stake while US oil company Hess Corp owns a 30 percent stake and China's CNOOC holds 25 percent.

In all, the consortium has disclosed 28 significant discoveries in the country. Hess, which releases fourth quarter financial results soon, has said it expects the Stabroek block to produce 1 million barrels per day of oil and gas in Guyana by 2027.

A third floating production storage and offloading vessel, named Prosperity, is under construction and expected to deliver its first oil in 2024. The consortium plans to deploy between seven and 10 platforms in Guyana.

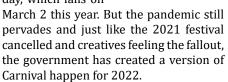


Guyana's oil wealth will soon rise significantly

### Trinidad compromises on carnival again

Trinidad and Tobago's world-famous Carnival season would already be well underway under normal times, with fetes and soca concerts drawing large crowds, and the early rounds of steel pan and masquerade competitions in full swing. It would all lead up to the two-day

It would all lead up to the two-day street parade on the Monday and Tuesday preceding Ash Wednesday, which falls on



'A Taste of Carnival' is an attempt to allow every sector of the Carnival community to have events at designated "safe zones". These three COVID-19 protocol-compliant venues are the Queen's Park Savannah, the traditional mecca of the local festival, and Queen's Hall, both in Port of Spain; as well as the Naparima Bowl, a performance art space in south Trinidad. They will only be accessible to fully vaccinated patrons and performers.



Trinidad and Tobago's Carnival will be truncated again

Unlike the recently staged Miami Carnival, patrons use physically distanced pods at events. Most notably, the beloved J'ouvert celebrations, which herald the start of the street festival, and the Parade of the Bands will not be on offer, but other events have already begun.

Public reaction to the news has been mixed. Not only is Trinidad and Tobago in the throes of community spread of the Omicron variant, with daily new positive cases at around 600 and an estimated 49.5 per cent of the population fully vaccinated, but an untried and scaled down version of the festival seems like fickle economics to some cultural activists.