

Caymanian Times

Friday Edition

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July 12, 2024

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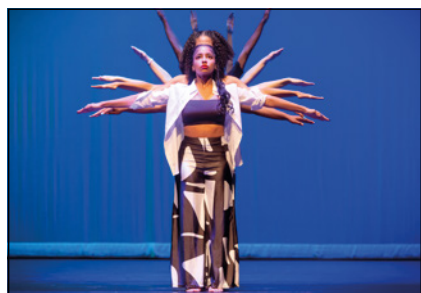
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CIOC announces team for Paris 2024



Cayman Airways: Award Winning Airline leads Evacuation Efforts

By Stuart Wilson

The national carrier for the Cayman Islands was at the forefront of the evacuation and safety efforts in preparation for Hurricane Beryl.

In addition to waiving change fees for ticket holders, Cayman Airways also adjusted its flight schedule, after the Cayman Airways Hurricane Committee met on Monday morning, July 1, 2024.

As a result, there evacuation flights

were added, in addition to 5 flights being added on Tuesday July 2nd to make up for cancellations the following day, which was when Hurricane Beryl was forecasted to

SEE **CAYMAN AIRWAYS**, PAGE 4

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PARLIAMENT'S FOURTH MEETING RESCHEDULED FOR 22nd JULY

The Speaker of Parliament, Hon. Sir Alden McLaughlin, KCMG, MBE, KC, JP, MP, has notified Members of Parliament (MPs) that the Fourth Meeting of the 2023-2024 Session has been rescheduled and will now commence on Monday, 22nd July, 2024, at 10:00 a.m.

The Meeting was previously scheduled to commence on 5th July, though this was postponed due to the passage of Hurricane Beryl.

The new date allows Members additional time for new Parliamentary Questions, Government Motions, and Private Members' Motions. House documents will be made available on the Parliament's website (www.parliament.ky) following a meeting of the Business Committee.



► Hon. Sir Alden McLaughlin, KCMG, MBE, KC, JP, MP, Speaker, during the Third Meeting of the 2023-2024 Session in February 2024.

The Bills to be considered by the Business Committee to be dealt with at the upcoming Fourth Meeting are:

1. Supplementary Appropriation (January 2023 to December 2023) Bill, 2024
2. Summary Jurisdiction (Amendment) Bill, 2024
3. Perpetuities (Amendment) Bill, 2024
4. Pharmacy Bill, 2024
5. Firearms (Amendment) Bill, 2024

The proceedings can be accessed live on the Cayman Islands Government's YouTube and cable channels, and on Breeze 105.3FM. The public are also welcome to view the proceedings live from the public gallery at the House of Parliament after signing-in with Security.

CBC Cargo Processing Office to close on Saturdays

Customs & Border Control (CBC) Service advises the public that effective Thursday, 1st of August 2024, the CBC Cargo Processing Office at 42 Owen Roberts Drive will be closed to the

public on Saturdays. This office closure will not impact the CBC Warehouse Transit shed that will remain open to the public for the receiving of Cargo and Cargo Inspections from 8:30am to

12:00pm on Saturdays.

To accommodate this change going forward, the Cargo Processing Office will stay open one (1) hour later during the week making the new office hours Monday through Friday 8:30am to 5:00pm. CBC Officers will continue to process declarations and assist with clearances until 7:00pm weekdays.

Contact CBC Customer Support 345-

649-4579 or email cbc.onlinesupport@gov.ky with any questions.



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Cayman Airways at the Forefront of Evacuation Efforts



► Passengers at the Owen Roberts International Airport prepare to be evacuated on Cayman Airways flights ahead of Hurricane Beryl on 3rd July.

CONTINUED FROM Page 1

begin affecting the Cayman Islands as a Category 4 Hurricane.

Flights were also added on 3rd July, most of which ran between Miami and Grand Cayman, shuttling passengers away from harm.

To assist customers, the Cayman Airways Reservations Call Center based in Grand Cayman extended its hours until 10pm on July 2nd and 3rd, whilst the airlines' Ticket Office on Grand Cayman extended its hours until 7pm on July 2, 2024.

To help make changing their travel plans even easier as Hurricane Beryl approached, Cayman Airways also extended the travel period for change fee and fare difference waivers.

In addition to changes to the flight schedule in Grand Cayman, Cayman Airways and Cayman Airways Express fleets were flown overseas on July 3rd as part of the airline's strategic hurricane preparedness plans.

At the time, Capt. Dave Scott, Executive Vice President of Flight Operations & Chief Operations Officer, noted that the hurricane's projected impact on the Cayman Islands fell on a day of the week when some flights were due to overnight at international airports anyway, which was an advantage for the airline's hurricane preparedness plans.

"...We had one B737-8 jet that departed Grand Cayman as scheduled to Los Angeles International Airport (LAX) and that aircraft remains at LAX airport per usual overnight," he explained.

"Likewise, we had one jet aircraft that departed as scheduled to the John F. Kennedy International Airport (JFK) in New York where it remained overnight per usual. The remaining two B737-8 jets were operating evacuation flights from Grand Cayman to Miami International Airport (MIA), so they will remain at MIA overnight for safety during the hurricane."

For the Cayman Airways Express fleet, Capt. Scott said two Twin Otter aircraft and one Saab 340B+ aircraft were positioned at Opa Locka Executive Airport (OPA) in Miami overnight on Wednesday July 3, 2024.

He said the second Saab 340B+ aircraft was already positioned overseas where it has been undergoing annual maintenance.

Mr. Fabian Whorms, President and CEO of Cayman Airways, stated: "We sincerely thank all of our employees for coming together so swiftly and professionally as we concentrated our focus on planning and implementing evacuation flights on behalf of the Cayman Islands Government and the local tourism industry.

"We particularly thank our pilots and flight attendants, as well as other key staff, who volunteered to travel overseas with our fleet, with or without their families, to help ensure the business continuity of our airline after this major hurricane."

The airline was able to coordinate the earliest possible return of its fleet to the Cayman Islands after the passage of this hurricane with the Cayman Islands Airports Authority (CIAA).

Cayman Airways named a Best International Airline in Travel + Leisure's World's Best Awards 2024

Cayman Airways Limited (CAL) - the National Airline of the Cayman Islands - has been named amongst the world's best international airlines, in Travel + Leisure's World's Best Awards 2024.

Announced on Tuesday July 9, 2024, Cayman Airways stands as the only airline in the western hemisphere to secure a top-15 spot in the "Best International Airlines in 2024" category of the awards. Cayman Airways is joined in the top-15 by other prestigious international carriers such as Singapore Airlines, Emirates, All Nippon Airways (ANA), and Qatar Airways. This evaluation by Travel + Leisure of all international airlines ranked carriers based on cabin comfort, inflight service, customer service, and value.

The score received by Cayman Airways has also placed it as the highest-ranking airline of all carriers operating flights to and from the Cayman Islands.

Minister for Tourism and Ports, the Honourable Kenneth Bryan, expressed his pride at the announcement, stating: "This is an incredible distinction for Cayman

Airways to be recognized as one of the best international airlines in the world. Ranking so favourably among some of the biggest international airlines is a true validation of our national airline's quality and consistency. As the Minister for Tourism and Ports I am very proud of Cayman Airways for continuing to elevate and enhance the traveler experience, and I would like to pay tribute to the management and Board of Directors, staff and crew members for their stellar efforts in earning this well-deserved, world-class recognition."

Chairman of the Cayman Airways Board of Directors, Dr. John-Paul Clarke, echoed this sentiment, stating: "Cayman Airways has a longstanding mission to be a national airline we can all be proud of, providing top-quality service, and we fulfill this mission every day. The Cayman Airways board has placed significant emphasis on enhancing the customer experience and fostering employee engagement. This recognition from Travel + Leisure readers is greatly appreciated and highlights the remarkable accomplishments of our board

of directors, management team, and our 350 dedicated employees."

Cayman Airways President and CEO, Fabian Whorms, noted that Travel + Leisure Magazine is a world-leading travel media publication with over 15 million monthly readers. With over 186,000 readers participating in their 2024 annual World's Best Awards survey, he said this recognition is both highly remarkable and legitimate. He added: "This ranking highlights the quality and value of Cayman Airways' service compared to the hundreds of airlines around the world, and although there was a separate award category for U.S.-based airlines, the score received by Cayman Airways also surpassed the scores achieved by every major U.S.-based airline in their award category. This level of achievement is therefore a true testament to the dedication of our awesome staff, and reflects the pride, hospitality, and continuous pursuit of excellence for which Cayman Airways and the Cayman Islands are well known."

Paul Tibbetts, Executive Vice President in charge of Commercial Affairs and the



airline's Chief Financial Officer, emphasized Cayman Airways' commitment to delivering an unparalleled customer experience uniquely marked by the warmth and hospitality synonymous with the Cayman Islands. "This accolade highlighting Cayman Airways as one of the world's top international airlines speaks volumes about our operational excellence and our team's heartfelt approach to service," he said. "Every interaction with our passengers showcases the best of Caymanian hospitality, ensuring each passenger has a flight that is comfortable, enjoyable, and memorable. This acknowledgement as a top global airline is a fantastic recognition of the hard work and commitment of our team at Cayman Airways in sharing our islands with the world."



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► Centre Poinre Dance Studio



► Colindra Rodericka and UCCI dancers

Tranquility and a Night to Remember



► Abby Jervis Cayman Music School



► Rico Rolando Recording Artist

By Catherine Tyson-Sewell

Photographs by David Goddard

It was a spectacular showcase of talented young people from all corners of the Cayman Islands. It was a night that left you in awe. It was none other than the Talent Xposition of the Arts under the guidance of JC Connor, the man behind this amazing brain child for our talented young people in the field of arts in the Cayman Islands. Not one

to make a fuss or have a fuss made of him, Cayman's son of the soil, JC deserves all of his flowers for putting on this spectacular showcase, now in its 23rd year.

With the backdrop of the Harquail Theatre and the assistance of Sophie Conolly, the stars all aligned to bring down the house on Sunday night. With the talent that was displayed, it is obvious that a lot of work is done throughout the year in identifying these acts that ranged from soloists, musicians, actors and seasoned

performers and they did not disappoint. Hosted by Anikka Conolly and Lloyd Barker, who bravely performed a Josh Groban number, the evening was filled with show stopping moments, from the opening act to when the curtains closed. The incomparable Monica Lawrence, who has been with the program since the beginning did not disappoint with The UCCI Dance Company that she has directed for over 14 plus years. They sang and danced and gave us performances reminiscent of Broadway

productions. One of those productions featured the talented Colindra-Rodericka that gave a performance of Stand Up from the movie Harriet (Tubman) that deserved a standing ovation. Rounding it all out with our very own recording artist Rico Rolando with his latest single Something in the Water, literally there were no crumbs left as every single performer ate down in the Harquail Theatre!

SEE TRANQUILITY AND A NIGHT, Page 7



► Musician Songwriter Teodoro



► Jaide Dixon



► Maia Pita



► Radiance Dance Studio



► Yohann Fitzgerald



► Madam Niroso



► Moniesa Farquarson



► Actress Caitlin Tyson



► Centre Pointe Dance Studio



► UCCI Dance Company

Consistent themes kept popping up throughout each performance and to say that this show was the best one yet is an understatement! The audience also played an integral part of the evening with their animated appreciation for all of the numbers, which helped the performers to bring their best and bring it they did. From Caitlin Tyson with her perfect pitch number from the Musical Anastasia, In My Dreams, and Abby Jervis and Saraia Moore, from the Cayman Music School, with the riveting renditions of Not for the Life of Me and I know where I've Been, Musical Theatre was alive and well represented in the Cayman Islands on this enchanted night in the

tropics. Even the Brac was represented with their very own Madam Niroso and her sultry voice singing Ain't No Way. The performers were first class acts and just too many to mention everyone! A few honorable mentions were Yohan Fitzgerald, along with his guitar, who gave us that John Legend feeling and Teodoro who has literally grown up on stage, debuted his original ballad Silver Lining. Dreamchasers chased, Martinez Tribe cried, 345 dancers hopped and Jimmeh the Boss panned but Centrepoint, Centerpoint, Centerpoint hipped and hopped and danced and pranced and left us with our mouths agape at what must be happening over in

those studios. Kudos and hats off to all of the teachers including Radiance Dance Studio and CINDC with their uber talented performances. These schools spend the time with their young people in mentoring roles and hours of training goes in to achieve these results that unfolded on the stage for the 23rd year of The Talent Xposition of the Arts. Needless to say that a good time was had by all. If you missed it, then you sure did miss something. Listening to the spirited audience who laughed, danced and sang along to the old songs, it was obvious that every emotion was felt from all of the talented performers who were absolutely stupendous! The

only regret was that it ended and that there was not an encore performance the next day or next weekend because these young people deserved another chance to show what they got! And a show they certainly gave us. Congratulations and thanks to JC Connor for a successful evening and for giving us Tranquility. There is nothing compared to a show of this magnitude on island, with so much talent from our young people being showcased and has been consistently a staple in our community. We now wait with bated breath for another chance to see these young people in action and hope it comes sooner than a year from now.

APPLEBY ADVISES CARTICA ACQUISITION CORP ON AI SPAC DEAL VALUED AT US\$2.75 BILLION

Appleby's Cayman Islands and Mauritius offices advised Cartica Acquisition Corp (Cartica), a special purpose acquisition company, in connection with its entry into a definitive agreement and plan of merger for a business combination with Nidar Infrastructure Limited (Nidar), India's leading data center provider for artificial intelligence and high-performance computer services. The pre-transaction equity value of Ni-

dar is approximately \$2.75 billion.

The multi-jurisdiction Appleby team advising Cartica was led by Cayman partner Dean Bennett with assistance from Cayman associate Criona Gannon, Mauritius partner Farzanah Nawool and Mauritius associate, Suhaylah Juman.

Commenting on the matter Cayman M&A partner Dean Bennett said "We are delighted to be representing Cartica on this high-profile transaction and

congratulate the Cartica management team and Board on reaching this milestone. We look forward to assisting the parties with the satisfaction of closing conditions and bringing the combined Cartica/Nidar group to the US public markets."

With a broad global footprint, strong working relationships with local regulators and deep transactional experience, our M&A team is well-positioned to advise



► Dean Bennett - Partner Cayman Islands

clients on the offshore aspect of a wide range of M&A activities in the US-Asia region.

Maples Group Strengthens Cayman Islands Litigation and Finance Practices with Partner Appointments

Maples and Calder, the Maples Group's law firm, is pleased to announce the promotion of Malachi Sweetman and Matthew St-Amour to Partner in its Cayman Islands office.

Malachi is a member of the Dispute Resolution & Insolvency practice with many years of experience in commercial litigation and across a broad range of financial and commercial disputes. An experienced advocate, Malachi specialises in shareholder litigation including high-value merger appraisals and has also advised on cross-border insolvencies. His significant disputes include representing FGL Holdings in its successful merger appraisal action and the ongoing appraisal actions involving 58.com and 51JOB.

Matthew, a senior lawyer in the firm's Finance practice, has extensive experience advising both borrower and lender side clients on all stages of the funding lifecycle. His clients include hedge funds, private equity funds, banks and non-bank lenders. He regularly advises



► L-R Cayman Islands Managing Partner Matthew Gardner, Partner Matthew St-Amour, Partner Malachi Sweetman

on fund finance and other secured lending transactions, structured finance and bankruptcy remote structures, deriva-

tives and all types of collateral and credit support arrangements.

The new Partner appointments highlight the firm's continued growth trajectory and dedication to training and advancing the next generation of lawyers. This commitment has enabled the firm to garner a strong reputation as a leader in the legal industry providing top-tier expertise and advice with deep sectoral and industry knowledge.

Speaking on the appointments, Cayman Islands Managing Partner, Matthew Gardner said: "On behalf of the firm, I am pleased to welcome Malachi and Matthew into their leadership new roles. Our Cayman Islands Dispute

Resolution & Insolvency and Finance practices continue to go from strength to strength providing market-leading advice and support, alongside our other core practices, to local and international clients. Malachi and Matthew have proven themselves as committed, trusted legal advisers to both our clients and colleagues across the Maples Group's global network."

Notes to Editor:

The Maples Group employs over 800 people in the Cayman Islands through its international law firm, Maples and Calder and its financial services firm, MaplesFS. Globally, the Group comprises nearly 3000 professionals in 16 locations worldwide.

These appointments form part of the international law firm's annual promotions where 18 new Partners and Of Counsel were appointed across eight of the firm's global locations.

About the New Partners:

Malachi Sweetman (see bio):

Malachi is a member of the Cayman Islands Dispute Resolution & Insolvency team at Maples and Calder, the Maples Group's law firm. He has extensive experience in commercial litigation and ADR across a broad range of financial and commercial disputes (in a number of jurisdictions), including disputes relating to commercial contracts, partnerships, trust deeds, shareholder agreements, as well as disputes involving banks and other financial institutions. Malachi is also an experienced advocate; in addition to acting for multi-national clients in international arbitrations, he has also advised clients on litigation arising from cross-border insolvencies.

Matthew St-Amour (see bio):

Matthew is a member of the Cayman Islands Finance team at Maples and Calder, the Maples Group's law firm. He has extensive experience advising both borrower and lender side clients on all stages of the funding lifecycle. His clients include hedge funds, private equity funds, banks and non-bank lenders. He regularly advises on fund finance and other lending transactions, structured finance, derivatives and all types of collateral and other credit support arrangements, including investor and creditor rights in the context of insolvency in the Cayman Islands.

JULY 2024 | Updated 8 July

VACCINATION SCHEDULE



COVID-19 Pfizer Adult & Paediatric
Paediatric COVID-19 vaccine will expire on 31 July



Gardasil 9 HPV Vaccine
For students 12 years and over who did not receive the vaccine in school



NOT AVAILABLE
Flu Vaccine
The Flu vaccine will not be available until the next flu season (October)

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27
JULY

Public Health Clinic
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9:00 am to 1:00 pm



NOTE

- Persons who had their last COVID-19 vaccination or booster more than 3 months ago are eligible for the Pfizer booster shots.
- 1st dose (Pfizer) will be offered to persons who have not received the vaccine.

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Cadet Corps Launches Fire Cadets Programme



► Minister for Home Affairs, Honourable Sabrina Turner addresses the cadets during the launch of the Fire Cadets Detachment at the George Town Fire Station recently.



► Chief Fire Officer, Randy Rankin shares details of the training, which the new cadets will undergo during the recent launch of the Fire Cadets programme at the George Town Fire Station.

Twelve young men and women will now receive fire and first responder training, following the launch of the Cayman Islands Cadet Corps' (CICC) Fire Cadets Detachment at the George Town Fire Station recently. The newest detachment is part of a Memorandum of Understanding between the Cadets Corps and the Uniformed services and aligns with the Government's goal to build resiliency and equip young Caymanians for public service.

Introducing the Fire Cadets programme, Commandant of the CICC, Colonel Errol Brathwaite expressed enthusiasm noting, "The CICC is committed to providing meaningful and exciting training geared towards a brighter future for our young people nationwide."

Colonel Brathwaite further stated, "From picking up practical life-saving skills like first aid, to team building and developing leadership abilities, the Fire Cadets will gain many skills that they can take with them throughout life."

The new cadet detachment, which in-

cludes ten males and two females will be led by experienced instructors from both CICC and the Cayman Islands Fire Service (CIFS), who will lead them through twelve months of training. During this time, the cadets will benefit from a more advanced programme of training as compared to a regular infantry, sea, or band cadet, who do basic familiarisation training with the CIFS once annually.

Commenting on the training the cadets will receive, Chief Fire Officer for the CIFS, Randy Rankin explained, "During this apprenticeship programme the Cadets will cover nine modules including introduction to the CIFS, operational equipment and safety procedures."

Speaking on the partnership, Chief Fire Officer Rankin said, "Today marks another milestone in our continued pursuit to make the lives of the people we serve better by not only being there in times of need but partnering with the CICC to mentor and develop future firefighters and leaders. Together we are building a stronger, safer future for our community."



► Minister for Home Affairs, Honourable Sabrina Turner (fifth from left) joins heads of the Uniformed services and other government officials for a photo op with the Fire Cadets after the launch held at the George Town Fire Station recently.

In her remarks, Minister for Home Affairs, Honourable Sabrina Turner thanked the parents and guardians for their support. Minister Turner declared the new detachment open and offered words of encouragement to the Cadets. "You're on your first job interview right now. You've opened the door and the possibilities are endless within the Uniformed services.

What you will gain from this will last for a lifetime as regular citizens in our society."

With the learning and growth opportunities available through the Cadet Corps, the CICC is encouraging youth between 11 and 18 years to get involved. Through this programme youth will have the added benefit of an easier transition into public safety careers.

Anti-Corruption Commission Announces New Appointments

Her Excellency, the Governor Jane Owen has announced the appointment of Mr. Charles Jennings as Chairman of the Anti-Corruption Commission (ACC) and Ms. Elisabeth Lees as a Member of the Commission. Both appointments are effective from 1 July 2024 for a one-year term.

Mr. Jennings, who has been a dedicated Member of the ACC since August 2022, succeeds Mr. Adrian (Gus) Pope, following his highly successful tenure. Mr. Pope has been an integral part of the Commission since 2020, serving as Chairman for the past two years.

Her Excellency expressed her gratitude for Mr. Pope's exemplary service, stating, "I wish to thank Mr. Pope for his dedication to the Commission since 2020, and his outstanding leadership for the past two years. During his tenure as Chairman, the ACC conducted a number of complex investigations, and contributed to the Cayman Islands' removal from the FATF grey-list in October 2023, which is to be commended".

Her Excellency further commented on the new appointments, "I am pleased



Cayman Islands Government

Anti-Corruption Commission Announces New Appointments

Her Excellency, the Governor Jane Owen is pleased to announce the appointment of Mr. Charles Jennings as Chairman of the Anti-Corruption Commission (ACC) and Ms. Elisabeth Lees as a Member of the Commission.




to appoint Mr. Jennings and Ms. Lees to these new roles and am confident that they will work diligently alongside the other members to enhance the stability, prosperity and reputation of the Cayman Islands through the important work of the Commission".

Mr. Jennings brings a wealth of experience as a former worldwide managing partner of the Cayman Islands law firm of Maples and Calder and former President of the Cayman Islands Law Society. Since 2012, Mr. Jennings has been Chair of the Financial Services Legislative Committee. His leadership is expected to further strengthen the Commission's efforts.

Ms. Lees joins the Commission with a distinguished background in regulatory law and financial crime. Ms. Lees served as the National Coordinator to the Anti-Money Laundering Steering Group in the Cayman Islands from 2019 until January 2022, leading the Cayman Islands' response to its Fourth Round Caribbean Financial Action Task Force Mutual Evaluation Report. Her expertise will be a valuable asset to the ACC.

Addison Kelly Memorial Scholarship Fund's Name Changed to Expand its Focus and Reach in the Community

The name of the Addison Kelly Memorial Scholarship Fund has been changed to the Addison Kelly Mental Health Education Fund (AKMHEF) so that Addison's family and the Alex Panton Foundation (APF) – which administers the fund – can expand the initiative's focus and reach in the community.

After Addison lost her life to suicide in February 2022 at the age of 16, her parents and older sisters set out to find a way to honour their daughter and sister. They decided on the establishment of a scholarship in her name which would help Caymanians pursue further education in the mental health field. It was something Addison was passionate about and wanted to do. The fund was created in 2022, and the first scholarship was awarded in 2023 to Jamara Bodden who is working toward an online master's degree in psychology and neuroscience of mental health, after which she will begin a PhD programme in the UK. The next scholarship will be awarded in 2025.

Two years on, Addi's family has seen the increased need in the community for more mental health education and awareness. They have also grieved in a way only those with an intimate knowledge of youth suicide can, when they hear about the other young Caymanians who have lost their lives tragically. As a result, their desire and motivation to do more in the community in Addi's name, has both deepened and strengthened.

"There were so many people that crossed paths with Addi who we know helped her, and there are so many who wish they could have done more. People in our community are struggling with their mental health; their friends, family members, coworkers, pastors and teachers do not feel they have the necessary tools to help or the right words to say. It became obvious to us that we need to give them those skills so they can know how to respond when they see someone they know and love going through mental health challenges and/or when that person reaches out to them for help and comfort," said Rhonda Kelly, Addison's mother.

The first community programme on which the fund will focus is mental health first aid (MHFA) training. Similar to CPR training, this MHFA course is being offered to anyone who wants to know how to help someone who is experiencing a mental health crisis. The curriculum consists of a 10 hour in-person class with additional time spent on completing online modules. Facilitated by local certified mental health first aid responder, Hylton Grace, the first workshop was recently held and completed by 15 persons.

Ms. Kelly said the MHFA training is just the first step in what is a long-term goal to MHFA-train every person in the community who works with Cayman's young people.

"We are also in the process of applying to MHFA International to have the Cayman Islands become a licensed MHFA provider. This accreditation will allow us to create collateral that resonates with our youth and is relevant to our culture as well as increase the number of local trainers and ensure individuals can easily renew their



► June Group Mental Health First Aid training by Addison Kelly Mental Health Education Fund

certification every three years," she explained.

In the meantime, while awaiting the international licensure, the AKMHEF will continue to provide free mental health first aid training. Sixty residents will be trained before the end of the year and the course is open to anyone who has an interest and is willing to make the time commitment.

"As a teacher who works with students daily, I am aware of the mental health concerns facing our youth. I am very grateful to have had the opportunity to complete the Mental Health First Aid training as it has given me an understanding of mental health illnesses such as anxiety and depression as well as the skills to provide appropriate intervention," said Renate Dowell, English as a Second Language Specialist at Clifton Hunter High School.

"We have been so blessed by the support Addi's memorial fund has received. We want to ensure that every penny we receive is used in the best way possible to

help the most people possible. We feel this is it," said Ms. Kelly.

The next mental health first aid training is being held in July and is already full but future dates are 14 and 15 September and

19 and 20 October. Anyone who would like to be added to the list for consideration can email rhonda@kellyholding.com with details about where they work and why they would like to be included in the training.



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Regenexx Cayman Welcomes Dr. Chris Williams to the Team

Regenexx Cayman is thrilled to announce that world-renowned interventional orthopedic specialist, Dr. Chris Williams, has joined the medical team as the first, permanent, Caymanbased, physician.

The addition of Dr. Williams signifies a major milestone for regenerative medicine in the Cayman Islands. Whether dealing with sports injuries, chronic pain, or degenerative conditions, his full-time presence will provide residents with year-round access to advanced cellular based orthopedic care without the need to travel abroad or wait for a visiting specialist.

"Dr. Williams is a well-respected global expert in his field. He brings a wealth of knowledge, experience, and passion to our clinic, significantly enhancing the year-round options for non-surgical orthopedic care on Island," says Jacqueline Ebanks, Caymanian Healthcare Entrepreneur and Co-Founder of Regenexx Cayman. *"We're delighted to welcome Dr. Williams, his wife, Dr. Jaffree, and their three young children to Cayman."*

Dr. Williams' patient-centric approach not only treats the condition, but also addresses the overall well-being of the individual, natural healing, and long-term health. This aligns with Regenexx Cayman's mission to deliver world-class medical services with the highest standard of care, right here in Grand Cayman.

"I'm passionate about the field of Interventional Orthopedics because it allows me to help bridge the gap between non-surgical and surgical care of orthopedic injuries," says Dr. Williams.

"Many patients are looking for options



► Regenexx Cayman Team

that not only allow them a quicker recovery to sport or normal activities, but they are also looking for medical providers that address orthopedic injuries from a functional standpoint. We consider the person as a whole and always see how multiple things, such as biomechanics and nutrition, can be impacting an injury, performance, or daily activities."

Dr. Williams received his Doctor of Medicine from Emory University School of Medicine and is board certified in Physical Medicine and Rehabilitation. After completing a fellowship at the Centeno-Schultz Clinic (a global leader in Or-

thopedics and Regenerative Medicine), he founded Interventional Orthopedics of Atlanta and has been a visiting specialist at Regenexx Cayman since 2018.

With an impressive educational background, Dr. Williams has a passion for continuous learning, having contributed to 15 research publications and multiple textbooks, including his Amazon best-selling books, Exercise 2.0: Optimizing Functional Performance and Longevity Throughout the Lifespan and Atlas of Interventional Orthopedics Procedures: Essential Guide for Fluoroscopy and Ultrasound Guided Procedures.

"He really looks to combine cutting-edge technology with personalized patient care, and that's why we're so thrilled to have him here full-time. During his time as a visiting specialist, we've observed his expertise and interest in innovation of treatments, proficiency in technique, and more importantly, his emphasis on helping patients optimize their outcomes to improve their quality of life. This really positions us at the forefront of non-surgical orthopedic care in the Caribbean region," shares Regenexx Cayman Co-Founder, Phillip Ebanks.

Regenexx Cayman is the exclusive provider of Regenexx-C, globally. Those looking for expert medical guidance on non-surgical orthopedic intervention are encouraged to contact the Regenexx Cayman team, as Dr. Williams is available for consultations and appointments.

About Regenexx Cayman

Owned and operated by Caymanian entrepreneurs, Jacqueline and Phillip Ebanks, Regenexx Cayman has a long history of providing exceptional medical services to the local and international community. For over a decade, the clinic has been at the forefront of regenerative medicine, offering a variety of non-surgical treatments for orthopedic issues.

Core treatments offered by Regenexx Cayman include cultured stem cells (Regenexx-C), same-day stem cells (Regenexx-SD), stem cell storage, and platelet-rich plasma (PRP) therapy. All offerings promote the body's natural healing ability, with the goal of helping patients reduce pain, improve function, and recover from orthopedic issues.

The Arrival of Blue Iguana Hatchlings

The Blue Iguana Conservation programme (BIC), and the National Trust for the Cayman Islands (NTCI) are delighted to announce the arrival of blue iguana hatchlings, the first of the season! In addition to the eggs laid within the captive breeding programme, eggs were recovered from outside the facility from a nest which was considered threatened by the extensive recent flooding. The parents of these eggs were released approximately 3 years ago and continue to reside happily within the QEII Botanic Park. Their eggs joined the others in incubators providing them an opportunity for a better chance of survival, and they are healthy and doing well. These hatchlings are a positive sign of the success of the programme and growth of the population of the blue iguanas. Heavy rainfall and flooding can potentially result in nests in the wild being at risk for a lower survival rate.

"The use of incubators, monitoring the eggs, and the hatchlings, has been a vital component of success for the Blue Iguana Conservation programme. The newborn hatchlings are cared for and monitored in the incubators for about a week before being placed at the Blue Iguana Conservation Nursery," says Joseph Jamieson, BIC Assis-



► Blue Iguana Hatchlings

tant Manager.

Last year, BIC released approximately 100 blues into the wild. This included pro-

ected areas such as The Salina Reserve, Colliers Wilderness Reserve, and the Queen Elizabeth II Botanic Park. Protected

areas are vital for the preservation of natural habitat and food sources for the blue iguanas. The Grand Cayman Blue Iguana has become an iconic symbol of these islands used frequently by government and businesses. The programme to protect and preserve them is dependent on the support of the community, including financial contributions and volunteer time.

The blue iguanas are safe and doing well post Hurricane Beryl. However, there is quite a bit of cleanup at the BIC facility. The community can help support our wardens in their efforts to cleanup the debris at the BIC facility by making a donation. Donations can be made online by visiting our website www.nationaltrust.org.ky or clicking this direct donation link.

The Blue Iguana Conservation facility is based in the Queen Elizabeth II Botanic Park. Tickets can be purchased at the visitor centre. Private guided tours of the BIC facility or a "Warden for a day" experience can be booked by contacting tours@nationaltrust.org.ky in advance.

Follow @blueiguanaconservation on Facebook and Instagram. To get involved in the Blue Iguana Guardians or Gardens initiatives, please contact bic@nationaltrust.org.ky

CRUISE SHIP SCHEDULE — WEEK — JULY 15 - 19



TOTAL SHIPS - 4
TOTAL PASSENGERS - 16,762

15	16	17	18	19
	MSC Seacape	Norwegian Jade		
	Disney Fantasy	Carnival Horizon		
Total Passengers	Total Passengers	Total Passengers	Total Passengers	Total Passengers
0	9,646	7,116	0	0

PUBLIC SHELTERS

KNOW WHERE TO GO IN AN EMERGENCY

LITTLE CAYMAN

- SIR JOHN A. CUMBER PRIMARY SCHOOL ASSEMBLY HALL (EMC)**
Capacity: 335
- (PART CLASSROOMS)**
Capacity: 135

CAYMAN BRAC

- WEST END PRIMARY SCHOOL**
Capacity: 250
- ASTON RUTTY CENTRE (EMC)**
Capacity: 420
- MULTI-PURPOSE HALL (SPORTS COMPLEX)**
Capacity: 382

GRAND CAYMAN

WEST BAY

- JOHN GRAY MEMORIAL CHURCH HALL**
Capacity: 155
- GEORGE TOWN PRIMARY SCHOOL ASSEMBLY HALL**
Capacity: 240
- UNIVERSITY COLLEGE OF THE CAYMAN ISLANDS HALL**
Capacity: 500
- JOHN GRAY HIGH SCHOOL - GYMNASIUM**
Capacity: 1,150
Pet friendly
Pet Capacity: 30 dogs or 60 cats

NORTH SIDE

- RED CROSS BUILDING**
Capacity: 95
- CRADDOCK EBANKS CIVIC CENTRE (EMC)**
Capacity: 185
- CLIFTON HUNTER HIGH SCHOOL - GYMNASIUM, FRANK SOUND (EMC)**
Capacity: 630
Pet friendly
Pet Capacity: 15 dogs or 25 cats
- GEORGE TOWN**
- PROSPECT PRIMARY SCHOOL (EMC)**
Capacity: 1,135
- BODDEN TOWN**
- BODDEN TOWN PRIMARY SCHOOL MULTIPURPOSE HALL (EMC)**
Capacity: 80
- SAVANNAH PRIMARY SCHOOL ASSEMBLY HALL (EMC)**
Capacity: 135

EAST END

- GUN BAY COMMUNITY HALL**
Capacity: 65
- BREAKERS COMMUNITY HALL**
Capacity: 40
- WILLIAM ALLEN MCLAUGHLIN CIVIC CENTRE (EMC)**
Capacity: 240

EMC = Emergency Medical Centre

NOTE: Each year the Public Works Department issues an updated list of public hurricane shelters after its shuttering exercise in May.



► Davonte Howell



► Charlotte Webster

CIOC announces team for Paris 2024



► Jillian Crooks



► Jordan Crooks

Four athletes are set to represent the Cayman Islands and compete in three sports at the upcoming 2024 Summer Olympics, in Paris, France. The team comprises swimmers Jordan Crooks and Jillian Crooks, sprinter Davonte Howell and sailor Charlotte Webster.

“We are so proud of our athletes and look forward to watching them represent the Cayman Islands on a global stage,” Cayman Islands Olympic Committee interim President Lori Powell said. “They have dedicated countless hours training, traveling and making the sacrifices necessary to reach the pinnacle of sport. On behalf of the CIOC and the Cayman Islands, congratulations.”

Paris 2024 takes place 26 July – 11 August. Paris is the main host city with events held at 16 other cities throughout France and one in Tahiti.

Jordan Crooks will make his Olympic debut in the men’s 50-meter and 100-meter freestyle events. He qualified for both by making the Olympics ‘A’ standard at the 2023 World Aquatics Championships, in Japan. That same year he won an NCAA championship in the 50-yard freestyle while competing for the University of Tennessee. In 2022, Jordan Crooks won gold in the 50 free at the FINA World Swimming Championships (25m). He becomes the eighth athlete to represent the Cayman Islands in swimming at the Olympics.

Jordan’s sister, Jillian Crooks, will be making her second Olympic appearance after swimming at the 2020 Games, in Tokyo, where she competed in the women’s 100 freestyle. Jillian Crooks, who will join her brother and swim at the University of Tennessee, will once again swim the women’s 100 free in Paris. Her career-best

mark in the event is 55.18 seconds, from the Commonwealth Youth Games in August 2023. That time would’ve ranked 29th during the last games.

Jordan and Jillian Crooks become the fifth set of siblings to represent Cayman at the same Olympic Games, joining Craig Merren and Marilyn Phillips (1984), Craig and Perri Merren (1988), Brett and Shaune Fraser (2008 and 2012) and Geoffrey and Lara Butler (2016).

Howell will be making his Olympic debut, becoming the eighth athlete to represent Cayman in track and field at the Olympics. He’s set to run in the men’s 100-meter dash, where he ran a career-best 10.10 seconds this season. Collegiately, Howell was a freshman as the University of Tennessee this season, where he helped the Volunteers’ 4x100-meter relay team make the NCAA Division I Outdoor Track & Field

Championships.

Webster will also be making her Olympic debut in France, where she will compete in the women’s Dinghy event as the 14th athlete to represent the Cayman Islands in sailing at the Olympics. Webster qualified for the Olympics by way of her performance at the 2023 Pan American Games. She’s ranked No. 187 in the World Sailing ILCA6 – Olympic Rankings as of July 2024. She reached a career-best ranking of No. 118 in the world in 2022.

The rest of the Cayman Islands delegation includes Powell, Chef de Mission Shakeina Bush, Swimming Coach Nicholas Kredich, Cayman Islands Swimming Technical Director Jacky Pellerin, Athletics Coach Tyrone Yen, Sailing Coach Raph Harvey, Team Medic Dr. Carl Andrew Brown, Team Physio Dr. Kristina Bramwell and Press Attaché Kevin Morales.

CUC RCAM base rate increase is a legally enforceable condition of its Transmission & Distribution Licence; CUC’s proposed ‘rebalance’ of consumer rates refused

Cayman Islands utilities regulator OfReg, has sought to clarify that CUC’s annual base rate adjustment, effective 1 June, was implemented as required in accordance with the conditions of the company’s Transmission and Distribution Licence (T&D Licence), issued by the Cayman Islands Government in 2008.

The T&D licence includes a Rate Cap and Adjustment Mechanism (RCAM) which provides the formula on which annual rate adjustments are calculated and implemented. This process is not new and is conducted every year as part of CUC’s licence agreement. OfReg’s legal role in this process does not involve ‘ap-

proving’ the rate which the RCAM dictates - it has no discretion to refuse such a rate increase. Its function is to verify the data upon which the RCAM adjustment is based to ensure that the proposed increase is compliant with the conditions of the T&D licence.

The RCAM is an automatic rate adjust-

ment mechanism designed to ensure that there would be no sudden swings of the base rate based on inflation brought about by sudden increases in the cost of known inflators such as food and fuel. For that purpose any base rate adjustment under

COMMUNITY EVENTS

CNCF Grants for the Arts Program Deadline

Ongoing until 31 July - The next cycle for CNCF's Grants for the Arts programme is here! If you or your organization have an upcoming educational or artistic project that caters to art, culture, or heritage, you might be eligible for financial support from CNCF. The deadline to apply is 31 July. For more information, visit arts cayman.org to further assist with the process.

Sunset Story Time & Singalong Saturdays

Ongoing until 17 August - Families across Grand Cayman are invited to enjoy free, family-friendly activities taking place every Thursday and Saturday at the Dart Park amphitheatre beginning 4 July. Every Thursday at 5 p.m. Baobob Education will host Sunset Story Time. Following the story, Baobob's reading professionals will guide the children through a craft or activity themed around the books. On Saturdays at 9 a.m., the community is invited to Singalong Saturdays with Miss Izzy (Isadora Ferrao) for a

singalong in the sunshine where attendees can dance, clap, sing or just enjoy a medley of children's hits.

Summer Reading Challenge

Ongoing until 27 August - of the 2024 Summer Reading Challenge (SRC) on Monday, 1 July 2024, under the theme 'Under the Sea'. The Challenge is open to all children between ages 6 and 17, and they may sign up electronically or at any public library between 1 July and 27 August. To register online, interested persons should visit the CIPL website at cipl.gov.ky, download a registration form and submit the completed form to libraryprogrammes@gov.ky. For more information about the 2024 Summer Reading Challenge, please contact the George Town Public Library at 949-5159.

Mango Fest

20 July - The Cayman Islands National Museum invites all to Mango Fest - a celebration of all things mango - on Saturday 20 July from 4pm to 8pm. Bring your family and friends for an evening of fun and ac-



► Mango Fest at the Museum!

tivities that include a mango peeling and eating competition, mango dessert competition and much more.

Basketball, Football and Cricket Camp

22 July - The Department of Sports is hosting a Basketball Camp for ages 8 to 16 at the John Gray School Gym. The Cricket Camp

will be held at the Smith Road Oval for children ages 10 to 15. The Football Camp is for children aged 6 to 16 and will be held at the East End Play Field. All camps go from July 22 to July 26. To register, email sports-camps@gov.ky.

Send your community events to wendy@caymaniantimes.ky

Get your best body ever (step-by-step plan)

Is your body in the shape you want it to be? Do you feel free to wear whatever you'd like without needing to cover up any trouble spots?

If not, then I've got a step-by-step plan to get you into your best body ever...

Best Body Ever Step #1: Program Your Mind

Your mind is your number one ally when it comes to achieving your goals. However, until your mind has been programmed for success, it will do more to derail your efforts than to help you.

- Take a few moments each day to visualize yourself at your ideal weight. Imagine how it feels to look the way you've always wanted.

- Protect your mind from any negative self-talk. If a negative thought comes to mind, immediately reject it.

- You want to be thin and fit, and yet you think of yourself as out-of-shape and fat. Re-program your mind to think of yourself as fit and attractive, and you will be well on your way toward achieving your goal.

- Give up the belief that you can't achieve the body you've always dreamed of. See it first in your mind, and then in the mirror.

Best Body Ever Step #2: Conquer Your Fear

Change makes most of us nervous - even if it is a change in the right direction. You may not be consciously aware of the fear you have of getting into shape. Until you conquer this fear, your best body efforts will be blocked by self-sabotage.

Professional speaker and author, Anthony Robbins, has outlined three specific beliefs that you must have in order to conquer your fear and instantly create a lasting change.

- Believe that something **MUST** change. You can't be wishy-washy about it. You can't be considering it. You can't even be pretty sure about it. You've got to be rock solid.

- Believe that **YOU** must change it. You can't pass the buck of responsibility and ex-

pect to lose weight. It's on your shoulders. Other people will prove to be great assets in your journey, but in the end you are the one who is going to make it happen. You have to want this weight loss enough to make it your personal mission.

- Believe you **CAN** change it. You may have failed in the past, but that doesn't matter. When you put your mind to it, you're able to do amazing things. Do you believe that you are capable of losing weight? Once you own the belief that you can, you'll be unstoppable.

Best Body Ever Step #3: Lose Your Excuses

Your excuses for being out-of-shape are getting old. An excuse takes less immediate effort than an action, but in the long run the action taker always has the advantage. Don't allow excuses to ruin your life any longer.

- Don't skip out on your responsibilities with excuses, instead expect more from yourself.

- Focus on the big reason why you are losing the weight. Make a list of the benefits you'll enjoy once you achieve your goal and read them first thing each morning.

- Remember that you can only have two things in life: excuses or results. Which do you want?

Best Body Ever Step #4: Strengthen Your Commitment

How many times have you tried to lose weight, only to give up a week or two later? We live in a commitment-phobic world, so it's no wonder that you routinely abandon your goals. If you truly want to lose weight, then your commitment to the process is a must.

- The margin between success and failure is bridged by your commitment. Don't give up until your goal has been achieved.

- Treat exercise with the same importance as a work meeting, and you'll never skip it at the last minute. Find three available 30-minute time slots in your schedule and mark them on your calendar. Now stick

to your schedule.

- If you don't give up, then you'll never fail.

Best Body Ever Step #5: Control Your Diet

If you consistently eat the wrong food, then your weight loss efforts will all be in vain. To put it bluntly, you need to stop eating junk. Processed foods, refined sugar and high fructose corn syrup do not belong in your diet if you want to be in great shape. Cut these items out of your diet and replace them with real whole foods like lean meats, vegetables, whole grains, nuts and fruits.

- Don't eat processed foods. Even though processed foods are accepted by our society, they contain tons of chemicals and empty calories that will make you sick and fat.

- Fat contains twice the caloric density of protein and carbohydrates, so make sure to limit the amount that you consume. Eat lots of lean proteins and wholesome carbohydrates from plants and whole grains.

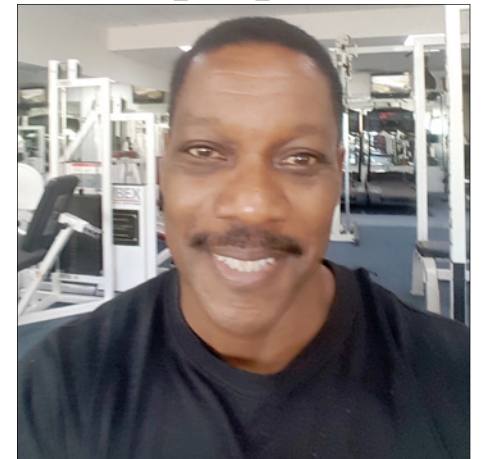
- Vegetables, whole grains, fruits, nuts and seeds are filled with fiber and antioxidants which are vital for healthy weight loss. Snack on these instead of packaged treats.

Best Body Ever Step #6: Utilize Your Patience It takes time to transform your body from fat to fit, even though you want it to happen overnight. Remind yourself that it took time to put the weight on, so it will take time to take the weight off. When you find your patience wavering, or when you encounter a frustrating plateau, do the following:

- Review your goal. Is it specific and measurable? Is it small and attainable, rather than monumental? Focus on your goal when the going gets tough.

- Make each workout a new experience. Challenge your body with different resistance, new exercises and a varied pace.

- Remember that anyone can have one great workout, but that won't get you the body you want. The only way to achieve your goal is by consistently exercising and eating right, plain and simple.



► Ernest Ebanks

Best Body Ever Step #7: Build Your Support

People who exercise alone are less challenged, less accountable and are more likely to fail. It makes sense. Who would rush to the gym if no one is waiting for them? Who would push themselves if no one was paying attention? Exercising solo is a recipe for disaster.

- Find a workout partner who is in better shape than you, or better yet, work with me, your local fitness expert, to guarantee your results.








- I am passionate about seeing you achieve results—don't waste your time, energy and effort on mistakes.

- When you start a program with me, you suddenly have the upper hand on weight loss. I'll be in your corner, coaching you each step of the way, keeping you accountable to workouts and giving you that dose of encouragement when you need it most.

Get serious about your results and begin the last weight loss program that you'll ever do.

Call Ernest at Body Shapers Personal Training Fitness Studio 325-8696 or email bodyshaperscayman@gmail.com today to schedule your first workout.

WEEKLY WEATHER FORECAST


Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
 87° / 84° Breezy in the morning; otherwise, sun through high clouds	 88° / 83° Breezy in the morning; otherwise, partly sunny and pleasant	 88 / 83° Times of clouds and sun with a thunderstorm or two in the afternoon	 87° / 84° Sun and clouds with a thunderstorm in a couple of spots in the afternoon	 88° / 83° Partly sunny	 84° / 81° Partly sunny with a passing shower or two in the afternoon	 85° / 80° Partly sunny with a shower in places in the afternoon

DEATH ANNOUNCEMENTS



Churchill's Funeral Home

We have been asked to announce the passing of Mrs. Blanche Darleen Dixon, who passed away on July 04, 2024. A Thanksgiving Service will be held at the Red Bay Church of God (Holiness), Lord's Way, Grand Cayman on Sunday, July 21, 2024 at 3:00 p.m. Viewing: 2:00 – 2:45 p.m. Interment at: Old Man Bay Cemetery. In lieu of flowers, donations can be made to the Red Bay Church of God (Holiness) Christmas trailer. Condolences can be registered at churchillsfuneralhome.com




It is with deep sadness that the family of **Darleen Araceli Manzanares** regrets to announce her passing on Thursday, June 6th, 2024.



A Celebration of Life Service will be held at the Church Of God Chapel Walkers Road, 22 Academy Way, George Town, Grand Cayman on Saturday, July 13th at 11:00am. Everyone is being asked to wear bright and vibrant colors in honor of "Darlene".

Bodden Funeral
"A source of comfort in a troubled time"

CUC RCAM

CONTINUED FROM Page 13

the RCAM is based on a mix of 60% Cayman CPI and 40% US CPI, minus food and fuel.

The RCAM is therefore a rate mechanism, agreed between the Cayman Islands Government and CUC in 2008, which allows for an annual incremental adjustment of CUC's existing base rate based on an increase in CI/US CPI minus those inflationary factors and has been taking place annually since then.

OfReg inherited, and is legally obligated to follow, this rate making regime, until there is some other form of rate making mechanism implemented, which could only happen with an amendment of the CUC T&D Licence. Once OfReg has verified the data upon which an annual RCAM adjustment is predicated, it has no choice but to agree to implement that change in the base rate, otherwise it would be immediately subject to successful legal challenge by CUC.

Additional Rate Changes Denied

In addition, CUC submitted an application seeking OfReg's approval to "rebalance" its consumer class rates, based on its Cost of Service Study (COSS). OfReg refused to approve the rebalancing of the base rates between the commercial and residential classes, as there was no apparent rationale and it would mean that commercial rates would be reduced



► Mr. Sonji Myles, Interim CEO, OfReg

at the expense of residential rates which would have increased by an additional 3-4% over and above the RCAM adjustment increase.

The Board's decision was based on its conclusion that such a rebalancing, especially in light of the RCAM adjustment, would impose an undue additional expense on the class of CUC consumers who could least afford it.

OfReg Interim CEO, Mr. Sonji Myles said, "Part of our role as the regulator in the energy sector and in all utility sectors, is to protect consumers and ensure that our

licensees meet the terms and conditions of their licence. CUC's annual rate cap adjustment review is one such condition of its licence and the submission for this year was reviewed and found to be within the set terms of the licence. Based on the existing terms, OfReg is unable to deny a justified adjustment.

Any proposed rate increases or change, from any licensee, is closely scrutinised and reviewed for compliance with its terms and conditions, supported by financial information, before approval. Those that do not comply or which would appear to impose an unjustifiable, unnecessary or unfair burden on consumers are refused, as was the case with CUC when it submitted a proposal to rebalance its commercial and residential base rates."

CUC's T&D current licence was granted in 2008 and has not been updated since then. The company has stated that improvements to efficiencies from forthcoming upgrades to power generation infrastructure and its Battery Energy Storage System (BESS) should reduce energy costs for consumers over time and into the future as more renewable energy sources come online.

The terms and conditions of CUC's T&D licence at the time when it was granted could not have predicted the significant changes in power generation technology, although there was recognition at the time for the need to encourage renewable generation. In addition, given the current cost of fuel, which forms a significant part of every energy bill, OfReg suggests that more needs to be done to implement

measures for regulation of efficiency standards.

Mr. Myles believes that "the time is right to review and update the existing licence regime (especially in light of the recent proposals reflected in the National Energy Policy) to better protect consumers by allowing for a contemporary, yet competitive mix of generation solutions that are routinely monitored to ensure the highest standards of efficiencies and quality of service."

In all cases, Cayman's critical national infrastructure, which includes CUC's Transmission & Distribution System, must be protected. Any such changes would have to be implemented after consultation with CUC.

Mr. Myles, continued, "We take our job as the regulator very seriously and we hold ourselves to very high standards to protect consumers in the Cayman Islands. We must however work within the legal framework and limits to our powers provided to us in order to fulfil our role. Progress and innovation in the energy sector has moved forward since the CUC T&D licence was first written and issued, and how we generate, distribute and manage our energy requirements today is very different.

"As the regulator we are also mandated by law to review and advise government on any required changes to licencing laws to meet the requirements of a modern energy sector. This may include implementing efficiency standards and measures to enforce these for licensees who fail to meet them."

SUDOKU

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Conceptis Sudoku increases from Monday to Sunday.

Conceptis Sudoku

By Dave Green

	6	7				2	8	
1			4		8			9
			6					5
			3					4
		3				5		
			7					1
			5					6
3			1		9			2
	1	5				7	9	

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Difficulty Level ★★★

8/29

Answer to previous puzzle

4	1	6	5	2	7	9	3	8
3	8	7	6	9	4	1	5	2
2	9	5	1	3	8	4	7	6
8	3	9	2	4	1	7	6	5
6	5	4	8	7	3	2	1	9
7	2	1	9	5	6	3	8	4
9	6	8	3	1	2	5	4	7
5	4	3	7	6	9	8	2	1
1	7	2	4	8	5	6	9	3

Difficulty Level ★★

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CROSSWORD

By THOMAS JOSEPH

ACROSS 44 Relaxing places

1 Carpet feature

5 Goad on law

9 Body of

10 Declines

12 Top story

13 Chosen few

14 Smelter's need

16 Jazz horn

17 Undoing word

18 Regret

20 Weds in secret

22 Finishes

23 "Loot" play-wright

25 Slant

28 Without contract

32 Back from boating

34 Freud topic

35 East, in Germany

36 Become angry

38 Principled

40 Full of caffeine, perhaps

41 Roofing material

42 Drops

43 Took in

DOWN

1 Make rounds

2 Completely

3 Beef cut

4 Cryptog-

rapher's device

5 Check for bugs

6 Crony

7 Concord

8 Slow down

9 "Alfie" star

11 Sides in an ongoing battle

15 Make as new

19 Camera part

21 Swanky

24 Boxing combos

25 Mike holders

26 Sneaker part

27 Off the track

L	O	B	E		P	A	L	P
A	R	I	E	L	O	P	E	R
C	A	B	L	E	S	E	X	E
E	L	L		G	O	T	R	I
S	L	I	D	E	R	S		C
	Y	O	U	N	G		T	O
		G	O	D		T	A	G
W	A	R	S		P	O	U	R
I	R	A		P	O	R	T	A
R	E	P	T	I	L	E	P	E
E	T	H	A	N		U	S	H
S	H	E	I	K		P	E	E
	A	R	L	O			W	R

Yesterday's answer

15 Make as new

19 Camera part

21 Swanky

24 Boxing combos

25 Mike holders

26 Sneaker part

27 Off the track

29 Illinois city

30 Long-plumed birds

31 College girls, once

33 Eyeballed

37 Fool

39 Had a feast

	1	2	3	4		5	6	7	8	
9						10				11
12						13				
14					15			16		
17				18				19		
20			21				22			
			23			24				
25	26	27			28			29	30	31
32				33				34		
35				36				37		
38			39				40			
41							42			
	43						44			

10-6

Word Search

W	E	Y	B	D	O	O	G	V	J	I	P	K	N	
B	C	H	O	W	D	O	Y	O	U	D	O	M	T	S
O	H	V	F	Q	L	R	Q	K	X	H	Z	M	G	G
N	E	H	E	S	R	E	D	E	I	W	F	U	A	N
J	E	D	S	L	H	T	G	N	Y	D	W	O	H	I
O	R	E	K	A	R	A	N	O	Y	A	S	U	T	T
U	S	E	M	O	C	L	E	W	S	Y	W	C	K	E
R	G	P	A	K	S	U	I	J	Z	I	N	F	H	E
G	A	S	X	U	O	O	A	L	O	H	A	O	U	R
U	O	D	L	W	R	Y	I	X	Y	R	F	S	H	G
G	Y	O	I	O	V	E	I	D	E	J	K	O	Y	K
C	J	G	D	E	Z	E	V	W	A	H	E	L	L	O
I	P	T	F	D	U	S	E	O	F	S	K	O	O	T
A	U	Y	C	R	A	L	S	H	I	Z	X	N	A	T
O	N	Z	J	X	L	Y	E	A	Q	R	C	G	Y	A

- Adieu
- Adios
- Aloha
- Au revoir
- Auf wiedersehen
- Bonjour
- Cheers
- Ciao
- Farewell
- Godspeed
- Good day
- Goodbye
- Greetings
- Hello
- Hiya
- How do you do
- Howdy
- Sayonara
- See you later
- So long
- Welcome

Find the listed words in the diagram. They run in all directions - forward, back, up, down and diagonally.



Have fun with
**CAYMANIAN
TIMES**

CURTIS

By Ray Billingsley

THE AMAZING SPIDER MAN

By Stan Lee

JUDGE PARKER

By Woody Wilson & Mike Manley

Caymanian Times Classifieds

Mason's Helper.

Must have experience, drivers Licence,

Clean Police Record. Speak English.

CI\$13.00 p/h plus H& P.

National Construction Ltd

P. O Box 1080, Grand Cayman. KY1-1503.

ELITE MARBLE & GRANITE LTD

Applications from Caymanians, Status Holders & Legal Residents are invited for the position of: GRANITE FABRICATOR

The successful candidate must have a minimum 5 years' experience and will be required to work a minimum of 45 hours per week including weekends and evenings, as required. Driving Licence is essential.

Salary paid at \$12 p/h weekly. Health Insurance and Pension provided in accordance with Employment Law.

Email resume to susan@elite.ky

HOCK 168 LTD

ASSISTANT RESTAURANT MANAGER

*8+ year's experience in restaurant management

* Must have experience and ability to manage kitchen staff, dishwashers, drivers and servers.

*Must have experience in managing catering contracts and off-site caterings

* Maintain proper sanitation standards, supplies and product levels

*Work efficiently under pressure to meet the demands of fast/casual food restaurant and deliveries.

*Able to work flexible hours, including nights/ weekends / holidays

*Have and maintain driver's license

Salary Range: 28,000.00 – 34,000.00 kyd

Statutory Government Benefits included.

Send responses to:

restaurantasstmanagercayman@gmail.com

harmonic

Harmonic Fund Services is an independent financial services firm specializing in the global alternative investments industry. We offer services and technology to private credit and equity funds, hedge funds, funds of funds, private banks, and pension funds.

Applications are invited for the position of:

Senior Fund Accountant

The Senior Fund Accountant will be responsible for the Fund Administration of complex investment funds including portfolio valuation and Net Asset Value ("NAV") calculation; assisting with the preparation of financial statements; liaising with investors and investment managers as well as assisting with systems development and other ad hoc projects as required. In addition, other responsibilities will include client relationship management; new business integration and meeting the very tight reporting deadlines and demanding obligations of our clients.

At a minimum the position requires a university degree and a professional accounting qualification (CA, CPA, CGA, CMA or equivalent) along with at least 2 years' experience in a similar role working with complex securities and derivatives products. Applicants should demonstrate a high level of expertise and technical knowledge of alternative investment products and the offshore financial services industry, including system technology, portfolio valuation, accounting, share transfer and registration, prime brokerage, financing and custody. This is a professional position that will require overtime and working on public holidays.

Remuneration will be commensurate with qualifications and experience. Salary range is US\$85,000 to \$100,000 per annum. Qualified candidates can obtain further information and submit an application, by visiting:

<https://harmonicfundservices.com/careers/senior-fund-accountant-3/>

HMPT Ltd

Applications from Caymanians, Status Holders and Legal Residents are invited for the position of:

PERSONAL TRAINER

The successful candidate must have an Internationally recognized qualification in Personal Training, be an internationally certified Group Exercise Trainer and hold a valid Nutritionist qualification. The successful candidate must have at least six months experience working within a gym environment and have a current client base.

The successful candidate will be expected to work up to 40 hours per week. Including early mornings, evenings and weekends, as required. Driving License is essential.

Salary paid on commission between \$30-\$60CI per hour. Health Insurance and Pension provided in accordance with Employment Law.

Email resume to harricayman@gmail.com

S&A Group T/A Island Style

Is looking for an experienced shop helper, energetic, with excellent appearance, polite and excellent customer service attitude, excellent communication skills and command of the English language, Spanish is a must, as well as 3+ years experience with a POS program, computer literate and knowledge of variety store items in tourism industry is a desirable advantage.

To:

-Run on a shifts basis the assistance of sales and packing at a Retail/store.

-Do inventory and stocking.

-Opening, cash flows, balance and conciliation.

-Closing, cleaning and any other task from time to time in a very busy and fast pace environment.

Wages will be \$6.00/ hour plus benefits as stipulated by the laws on a 3 months probation basis.

Caymanians or RERC who apply are wellcome.

Pls send your Resume, proof of immigration status, police record and digital full face picture to: sigmagroup.cay@gmx.com

Only suitable candidates will be shortlisted for interview.

CIBC

Our goal is to help you reach yours



Financial Controller

Salary: CI\$113,256.00 to CI\$169,884.00 per annum

The Financial Controller is responsible for the integrity of financial information presented for FirstCaribbean International Bank (Cayman) Limited (Cayman OpCo) and CIBC Bank & Trust Company (Cayman) Limited (Cayman Bank & Trust), including the provision of statutory and management reporting and other financial management activities and ensuring all reporting is delivered in a timely manner in accordance with International Financial Reporting Standards (IFRS). The incumbent is responsible for development, monitoring and execution of strategy/strategic initiatives for finance related matters and leads financial and operational planning within the unit, including the taxation activities/requirements for the taxable territories in the OpCo in conjunction with the tax team.

About you

- Accounting designation (CPA, ACCA or similar designation)
- Audit experience (7+ years post qualification), including managing external audits
- Prior experience working in/with financial institutions (7 years +)
- Good understanding of banking and fiduciary services (Trust Management and Fund Admin)
- Detailed understanding of accounting principles and consolidations.
- Good understanding of income tax laws and reporting & regulatory requirements
- In-depth knowledge of IFRSs
- Proven coaching ability to effectively deal with change related issues and financial system implications
- MBA Management or master's in finance a plus

About our offer

You will have a challenging, diverse experience with opportunities for professional growth. Our compensation and reward package is attractively structured and performance bonuses are offered.

To view the full role profile and apply for this and any other positions, kindly visit cibcfib.com/about-us/careers. Applications with detailed resumes should be submitted no later than July 26, 2024.


CIBC Caribbean thanks all applicants for their interest, however only those under consideration will be contacted.



Scan for details

cibcfib.com

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 [cibc-firstcaribbean-international-bank](https://www.linkedin.com/company/cibc-firstcaribbean-international-bank)



About us:

Alba Elevators provides innovative and eco-efficient solutions for elevators, escalators and man/material hoists. We support our customers every step of the way; from design and installation to maintenance and modernization.

We are currently seeking: - Experienced Elevator Technician.

An experienced Elevator Technician to join our team of skilled professionals to ensure high quality, and timely installation and ongoing Service/ Maintenance of the equipment following manufacturer installation methods throughout the installation process. We value your commitment to our clearly defined procedures, guidelines, and key deliverables, which include:

- Manage the equipment installation environment during installation activities.
- Responsible for safe, high quality and timely installation of the equipment following KONE installation methods throughout installation process.
- Responsible for reporting installation progress to the operations supervisor
- Ensure that shortages or damages are reported to the operations supervisor so that replacement parts are ordered as soon as they are discovered.
- Keeps the installation tooling safe and in good condition.
- Ensure the security of the delivered equipment by means of correct storage and site handling.
- Responsible for the safe working environment within confines of the installation activity including storage area.
- Responsible for receiving, checking and storage of materials.
- Carries out the installation according to pre-screening methods instruction and schedule.
- Submits reports on timekeeping, quality feedback forms and warranty claims for material.

Skills, Education and Experience:

- Experienced in KONE Elevator Installation methods, having completed KONE installation project(s) within the last 24 months.
- Recent KONE MONOSPACE Training, certified by KONE US.
- Understands KONE Installation drawings and procedures.
- Knowledge of KONE quality and safety rules as well as awareness of environmental requirements.
- Experience in KONE Service and Maintenance procedures.
- Be able to demonstrate an excellent working knowledge of Cayman Islands Construction Health & Safety Law and practices.
- Be an excellent communicator, with superior attention to detail, be able to multitask, manage multiple deadlines, problem solver and respond to changing priorities.
- Be customer service oriented.
- Strong verbal and written communication skills.
- Strong interpersonal skills and ability to multi-task and prioritize workload.

The salary range for this exciting opportunity is between CI\$16 - CI\$21 per hour commensurate with experience. Compensation package includes health insurance, pension and vacation entitlement.

To apply, please submit your resume, cover letter, police clearance and 3 professional reference letters to officeadmin@albaservicesltd.com.



131 Whistling Way, P.O. Box 804, Bodden Town,
Grand Cayman KY1-1502, Cayman Islands
Telephone: 345 917 5198
Email: yksubcontractors@gmail.com

Requires the services of three skilled masons
12 Years Experienced

- Experience with Safety Procedures on all Construction Sites
- Have your Own Tools
- Possess all required masonry techniques and sound knowledge of structural engineering.
- Be familiar with Masonry equipment and materials.
- Ability to work with all concrete forms.
- Ability to work with structural engineering fabrications.

Salary \$14.00 to \$15.00 per hour plus Statutory Benefits based on experience.

Only Caymanians and Legal Residents Need to Apply

Email Applications to: yksubcontractors@gmail.com or P.O. Box 804, Grand Cayman KY1-1502



Cayman Islands Sailing Club

GRAND CAYMAN, CAYMAN ISLANDS

Seeking – Full time Sailing Coach with advanced skills and the ability to do boat and sail repairs; who will be responsible for teaching both children and Adults at our National Sailing School. Previous teaching experience mandatory along with excellent organizational and teaching skills. The coach will maintain the school's roster and assist the Program Director.

- Full time Sailing Coach with an Internationally certified Coaching certificate.
- Must have over 5 years teaching experience.
- Up to date First Aid and Boat Rescue Certificates
- Experience teaching Optimists, Lasers and other training and racing and cruiser boats.
- Prepared to work weekends and Bank Holidays
- Boatyard maintenance skills
- Good Customer Service Skills for working with both children and adults.

Salary range: from \$3,200 – 5,000 per month plus statutory benefits

To apply for the role, send CV, letter of application and certificates to: admin@sailing.ky

Or mail to: Program Director, P O Box 32137, Grand Cayman KY1-1208

Caymanian Times



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Newspaper Advertising Rates

Description	CI\$	Size (inches) W x H	Maximum # of words
Full page	750	10 x 13.5	1200
2/3 page	650	10 x 8.37 or 6.6 x 13.5	900
1/2 page (horizontal)	450	10 x 6.67	700
1/2 page (Vertical)	450	4.9 x 13.5	700
1/3 page	350	4.9 x 8.37	400
1/4 page	250	4.9 x 6.67	350
1/5 page	150	4.9 x 4.96	200
1/8 page	75	4.9 x 3.25 or 3.22 x 4.96	200
1/16 page (Small)	50	4.9 x 1.55 or 2.38 x 3.25	
Front Page Banner	200	10 x 1.5	
Inserts (per 1,000)	300		
Advertorial 1/2 Page	500		
Graphic Design	50		

All ads are full colour

Advertising Deadlines (48 Hours prior Publication Day)

Publication Day	Deadline (12pm (noon))
Wednesday	Monday
Friday	Wednesday

2 days notice for ads

For further information or to book an advert call 916 2000 or email: sales@caymaniantimes.ky

PROPERTY RENTALS & SALES

YOUR GUIDE TO REAL ESTATE

For Sale

Member of CIREBA

3 Bed 2.5 Bath | 2,750 sq/ft



Governours Harbour Family Home

Asking US\$ 1,765,000

MLS# 417153

Call Paula McCartney

+1(345) 516-3521

**BERKSHIRE
HATHAWAY**
HOMESERVICES

CAYMAN ISLANDS

For Sale

Member of CIREBA

~770ft Raw Beachfront Acreage



5.19 Acres Oceanfront Little Cayman

Asking CI\$ 1,1350,000

MLS# 417497

Call Morgan Schirn

+1(345) 517-0840

**BERKSHIRE
HATHAWAY**
HOMESERVICES

CAYMAN ISLANDS

For Sale

Member of CIREBA

Raw Beachfront Land ~100ft x 560ft



1.30 Acres Beachfront Cayman Brac

Asking US\$ 450,000

MLS# 414961

Call Morgan Schirn

+1(345) 517-0840

**BERKSHIRE
HATHAWAY**
HOMESERVICES

CAYMAN ISLANDS

Just Listed

Member of CIREBA

3 Bed | 3 Bath | 2,122 sq/ft | Groundfloor



Westview #2 - Oceanfront Condo

Asking CI\$925,000

MLS# 417879

Call Anthony Lawson

+1(345) 925-3158

**BERKSHIRE
HATHAWAY**
HOMESERVICES

CAYMAN ISLANDS

WHY PAY MORE?
Save 40%
on all advertisements



Caymanian Times Newspaper
Fast & Affordable
Email sales@caymaniantimes.ky
or call **9162000 / 9458463**

PROPERTY RENTALS & SALES

YOUR GUIDE TO REAL ESTATE

For Sale Member of CIREBA

4 Bed 3.5 Bath | 3,200 sq/ft | Canal Front



61 Prince Charles Quay, Gov. Harbour

Asking US\$ 2,695,000
MLS# 417525
Call Paula McCartney
+1(345) 516-3521

BERKSHIRE HATHAWAY
HOMESERVICES
CAYMAN ISLANDS

For Sale Member of CIREBA

Approx. 0.28 Acres- 57A/138



Lot On Old Robin Road - North Side

Asking CI\$ 259,00
MLS# 417246
Call Anthony Lawson
+1(345) 925-3158

BERKSHIRE HATHAWAY
HOMESERVICES
CAYMAN ISLANDS

Caymanian Times

Newspaper Advertising Rates



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HSM



Description	CI\$	Size (inches) W x H	Maximum # of words
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Legal Rights and Rental Properties

HSM's Property Team can advise both landlords and tenants of their rights across residential and commercial properties.

As a full-service law firm in the Cayman Islands, we offer a comprehensive real estate service that is client focused and can provide any necessary ancillary services such as litigation and asset recovery, immigration support and regulatory matters.

- Revise and draft robust and enforceable Tenancy Agreements
- Draft forfeiture notices or demand for repayment of arrears
- Advice for breach of tenancy (nonpayment of rent or breach of other obligations)
- Remedies of access, forfeiture, possession and distraint
- Guidance on disrepair

Linda DaCosta
Property Partner

CONTACT: +1 345 815 7404
ldacosta@hsmoffice.com
www.hsmoffice.com

